

PROFILE

R. Nithya

Email Id: nithipd@gmail.com

198/3, Akkaraipatty,
Devimangalam post
Mannachanallur (TK)
Trichy-621 112.
Mobile : 9942575776



Experience Profile:

- ✓ Worked as a Physical Education Teacher as well as the coach in Kendriya Vidhyalaya No- 1, Ordnance Estate, Trichy -16 from June, 2005 to May 2008.
- ✓ Worked as the Physical Director in Dhanalakshmi Srinivasan College of Arts and Science for Women, Perambalur from June 2008 to May 2010.
- ✓ Worked as the Physical Director in Shrimati Indira Gandhi College, Trichy from May 2010 to till date.

Specialization in Games and Sports ;

- Track and Field
- Basket ball
- Handball
- Volleyball

Achievements in Games and Sports ;

- **Track and Field**
 - 🏆 National and All India Inter- University level participation
 - 🏆 State level I and II places in Shot Put and Hammer Throw events
- **Handball**
 - 🏆 All India Inter - University level participation
 - 🏆 National level participation
- **Basketball**
 - 🏆 Inter University level participation
 - 🏆 State level participation

Educational Profile;

Course	Name of the Institution/ University	Year of passing	Grade / Class	% of Marks
SET	Bharathiyar University, Coimbatore	2012	-	-
M.Phil.,	Annamalai University	2007	I Class	68%
M.P.Ed.,	Sri Sarada College, Salem. Periyar University	2005	I Class with Distinction (5 th Rank)	75%
B.P.Ed.,	Sri Sarada College, Salem. Periyar University	2003	I Class with Distinction	75%
B.Sc., Phy-Edn	H.H. The Rajah's College, Pudukkottai. Bharathidasan University	2002	I Class	72%

Additional Qualification;

- **Master in Karate and Silambam.**
- **Refree at National and State level Silambam Competition.**
- **Black belt in Karate.**
- **Silambam National and State level First and Second places.**
- **Completed Arangetram in Bharatha Nattiyam on 2001.**

Awards and Recognition:

- 👍 **Women Convenor of Bharathidasan University Sports and Tournament of the year 2018-19.**
- 👍 **Received Gold Coin , Medal and Trophy from the hands of our Former Chief Minister of Tamilnadu Dr. J. Jayalalitha for the First State Level Chief Minister's Trophy Athletic Championship in the year 2001.**
- 👍 **Best NSS Volunteer Award by the District Collector of Pudukkottai in the Year 2000 at the Celebration of Independence Day.**
- 👍 **Tournament Director in Pudukkottai District Silambatta Kazhagam.**
- 👍 **Executive Member in Korfbal Association, Trichy.**
- 👍 **Executive Member in Women's Hockey Association, Trichy.**

- 👍 **Technical Director in Trichy District Silambatta Kazhagam, Trichy.**
- 👍 **Joint Director in All Associations of Martial Arts, Pudukkottai.**
- 👍 **Resource Person for the Lecture program conducted by National Service Scheme of Shrimati Indira Gandhi College, Trichy.**
- 👍 **Judge for Classical Dance and Folk Dance at “J-Fest” Competition.**
- 👍 **Received First Prize in Dance Competition organized by Hello FM 106.4 Trichy for three consecutive years from 2011-13.**

Seminars ,Conferences and Workshops attended:

- ✓ **“Doping Enhancing Sports Performance” on 28.07.2012 at National College, Trichy.**
- ✓ **“Statistical Software Applications in Physical Education and Sports Sciences Research”**
- ✓ **National Workshop at Bharathidasan University, Trichy on 18th & 19th March 2012**
- ✓ **“Influence of Aerobic Dance on Selected Physical and Physiological Components Among Girls Students”, National Seminar at Ayya Nadar Janaki Ammal College, Sivakasi on 21st & 22nd March 2012.**
- ✓ **Latest Trends in Sports Sciences National Workshop on 10.04.2013 at National College, Trichy.**
- ✓ **“Influence of Skill Training package with and without power training on Football Skill Performance” National Conference Proceeding on 23.2.2013 at H.H. The Rajah’s College, Pudukottai.**
- ✓ **Attended the Two day National Level workshop on “ NAAC” Awareness Programme on 27th and 28th July 2019 at Bangalore .**

Tournaments Managed :

Year	Inter-University Level	State Level	Inter-Collegiate Level	District Level
2010-11	01	01	14	04
2011-12	02	01	09	03
2012-13	03	02	06	03
2013-14	02	02	09	06
2014-15	01	01	04	02
2015-16	-	-	03	02
2016-17	02	02	09	02
2017-18	03	02	13	03
2018-19	02	02	20	02

PERSONAL DETAILS

Name : **R. Nithya**

Father's Name : P.Radha krishnan

Date of Birth : 25-06-1982

Age : 37

Sex : Female

Marital Status : Married

Nationality : Indian

Religion : Hindu

Languages Known : Tamil & English

Permanent Address : 198/3, Akkaraipatty,
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