

Resume



Dr. K. Kavitha Maheswari, MSW., M.Phil., Ph.D.,

Kavitha_maheswari@yahoo.co.in

90035 90082

Academic profile

- Ph.D., from Bharathidasan University, Tiruchirappalli, Tamil Nadu, India, (2011).
- M.Phil., from Vinayaga Mission's University, Salem, Tamil Nadu, India (2007).
- Cleared National Eligibility Test for Lecturership in June 2006 (Roll No.R100944).
- Cleared State Eligibility Test for Lecturership in March 2006 (Roll No.04260017).
- MSW (Community Development specialization) with 78.9% from Bishop Heber College, Tiruchirappalli, Tamil Nadu, India (2005).
First in proficiency in Social Work and Community Development at the College level (2003-2005).
- B.Sc., (Health Care and Hospital Management) with 79.4% from Seethalakshmi Ramaswami College, Tiruchirappalli, Tamil Nadu, India (2003).
- Certificate Course In Nutrition And Child Care with 58.5% from Indira Gandhi National Open University, New Delhi (2001).
- XII th standard with 86.3% from Tamil Nadu State Board Examination (2000).
- X th standard with 93.6% from Tamil Nadu State Board Examination in (1998).

Work experience

Worked as lecturer in Social Work

- At Urumu Dhanalakshmi College from June 2005 to April 2006.
- At Srimad Andavan Arts and Science College from April 2006 to December 2008.
- Working at Shrimati Indira Gandhi College from June 2012 to till date.

Total Teaching Experience

UG: 1 year

PG: 11 years

M.Phil: 7 years

Recognized as research adviser by Bharathidasan University

- **M.Phil** - Ref.No. 32860/R.A/K7/M.Phil./Social Work/2012 Date:28.09.2012.
- **Ph.D** -Ref.No.15548/Ph.D2/Social Work/Recog/2014

Research guidance experience

Number of M.Phil awarded : 15

Number of M.Phil theses submitted : 1

Number of M.Phil under guidance : 2 FT

PG level researches: 50

Academic key roles/ responsibilities

- Social Work Association Secretary (Faculty) for the academic years 2012-2013, 2015-2016, 2017-2018, 2018-2019.
- Placement cell- Social work department representative 2018-2019.
- Acted as resource person for community outreach programmes.
- Organising committee member of the International Conference on At Risk Sections of society organized in collaboration with Department of Social work, Bharathidasan University on 5th Feb 2016.
- Organizing committee member of the Three day International Workshop on Strengthening counseling skills for social workers, held at Bharathidasan University, Trichy, from 17th to 19th December 2014.
- Chaired National Seminar on Gender Discrimination and Violence against women sponsored by National Commission for Women, New Delhi held at Sree Saraswathi Thyagaraja college, Coimbatore on 23rd and 24th March 2018.
- Working as member of Cell for consolidating projects related to society 2019-2020.

Awards and recognitions

- Bagged best paper award for 'Marital adjustment among early married women' in the UGC sponsored National Conference on Exploring gender issues in multi-dimensional approaches: Interdisciplinary relevance organized by Holy Cross College on 2nd February 2015
- Bagged best paper award for 'Early marriage- A threat to women empowerment' in UGC sponsored National Conference on Contemporary social problems in India and professional Social work practice: innovative strategies and approaches, organized by Bishop Heber College, December 2014.
- Worked as a panel member for Pudhuvazhvu scheme recruitment in 2007 held in Vellore.

Conferences/Seminars/Workshops attended:

- Three day International Workshop on Strengthening counseling skills for social workers, held at Bharathidasan University, Trichy, from 17th to 19th December 2014.
- National Conference on Psychological and social development of adolescents and their impact in the society, organized by Department of Social Work, Holy Cross College, Trichy, February 2014.
- UGC sponsored International Conference on Child and Adolescent Mental Health, organised by Department of Social Work, Bharathidasan University, Trichy, January 2013.
- UGC sponsored National Seminar on Strategising for the future challenges of women, organised by Shrimati Indira Gandhi College, March 2008.
- UGC sponsored National Seminar on Millennium Development Goals and rural development-role of education, organised by Arul Anandar College, Madurai, March 2008.
- UGC sponsored National Workshop on Application of Statistical Packages for Social Sciences, organized by Centre for Adult Education and Entrepreneurial Development, Bharathidasan University, March 2007
- UGC sponsored National Conference on Social Work education-Opportunities and Apprehensions, organised by Bishop Heber College, December 2007.

- UGC sponsored Refresher Course in Rural Development, organised by Gandhigram Rural University, December 2007.
- UGC sponsored National Seminar on Poverty alleviation through innovative employment programmes, organised by Urumu Dhanalakshmi College, September 2006.
- UGC sponsored National Conference on Social problems in India, organised by Bishop Heber College, November 2005.

Papers presented

- Presented a paper on ‘Depression, anxiety and stress among patients undergoing de addiction treatment ’ in the International Conference on The furtherance of sustainable development goals: 2030 Agenda- A drive from global perspective to the local relevance held at Holy Cross college, Tiruchirappalli on 7th and 8th December 2018.
- Presented a paper on ‘Prevalence of depression among women with polycystic ovary syndrome’ in the International Conference on The furtherance of sustainable development goals: 2030 Agenda- A drive from global perspective to the local relevance held at Holy Cross college, Tiruchirappalli on 7th and 8th December 2018.
- Presented a paper on ‘Psycho-social conditions of alcoholics and drug addicts’ in the International Conference on The furtherance of sustainable development goals: 2030 Agenda- A drive from global perspective to the local relevance held at Holy Cross college, Tiruchirappalli on 7th and 8th December 2018.
- Presented a paper on ‘Job satisfaction – An important indicator of workers’ well being’ in the International Conference on The furtherance of sustainable development goals: 2030 Agenda- A drive from global perspective to the local relevance held at Holy Cross college, Tiruchirappalli on 7th and 8th December 2018.
- Presented a paper on ‘Influence of interest in job on work life balance’ in the International Conference on The furtherance of sustainable development goals: 2030 Agenda- A drive from global perspective to the local relevance held at Holy Cross college, Tiruchirappalli on 7th and 8th December 2018.
- Presented a paper on ‘Work life balance among women ’ in the National Seminar on Gender Discrimination and Violence against women sponsored by National Commission for Women, New Delhi held at Sree Saraswathi Thyagaraja college, Coimbatore on 23rd and 24th March 2018.
- Presented a paper on ‘Influence of parenthood on self concept of adolescents ’ in the National Seminar on Gender Discrimination and Violence against women sponsored by National Commission for Women, New Delhi held at Sree Saraswathi Thyagaraja college, Coimbatore on 23rd and 24th March 2018.
- Presented a paper on ‘Impact and problems associated with Whatsapp use among college students’ in the National Seminar on Gender Discrimination and Violence against women sponsored by National Commission for Women, New Delhi held at Sree Saraswathi Thyagaraja college, Coimbatore on 23rd and 24th March 2018.
- Presented a paper on ‘Work life balance among school teachers ’ in the International Conference on Emerging trends in social work organized by Jamal Mohamed college on 16th Feb 2017.
- Presented a paper on ‘Adolescent well-being among children of alcoholics’ in the International Conference on Emerging trends in social work organized by Jamal Mohamed college on 16th Feb 2017.

- Presented a paper on ‘Marital life satisfaction among women entrepreneurs in Trichy ’ in the International Conference on Emerging trends in social work organized by Jamal Mohamed college on 16th Feb 2017.
- Presented a paper on ‘Medium of Instruction and self esteem among adolescents ’ in the International Seminar on At Risk Sections of Society organized by Bharathidasan university association with Shrimati Indira Gandhi College and Srimad Andavan Arts and Science college on 5th Feb 2016.
- Presented a paper on ‘ Psychosocial Problem experienced by Men under fertility treatment’ in the International Seminar on At Risk Sections of Society organized by Bharathidasan university association with Shrimati Indira Gandhi College and Srimad Andavan Arts and Science college on 5th Feb 2016
- Presented a paper on ‘Impact of family interaction pattern on self-esteem among adolescent students’ in the National Conference on Social policy for social transformation- A social work perspective organized by Madras Christian College on 8th and 9th October 2015.
- Presented a paper on ‘Marital adjustment among early married women’ in the UGC sponsored National Conference on Exploring gender issues in multi-dimensional approaches:Interdisciplinary relevance organized by Holy Cross College on 2nd February 2015
- Presented a paper on ‘Self esteem among self-help members’ in the UGC sponsored National Conference on Exploring gender issues in multi-dimensional approaches:Interdisciplinary relevance organized by Holy Cross College on 2nd February 2015
- Presented a paper on ‘Problems in Social Work Education- An overview’ in the National Conference on Practicing Social Work- The Reality & HR, The Business Acumen- A Transitional Role organized by Madras Christian College held on 25th and 26th September 2014.
- Presented a paper on ‘Socio-economic status and higher education aspiration among rural adolescent girl students’ in UGC sponsored National Conference on Contemporary social problems in India and professional Social work practice: innovative strategies and approaches, organized by Bishop Heber College, December 2014.
- Presented a paper on ‘Early marriage- A threat to women empowerment’ in UGC sponsored National Conference on Contemporary social problems in India and professional Social work practice: innovative strategies and approaches, organized by Bishop Heber College, December 2014.
- Presented a paper on “ Study on perceived level of self-concept among rural adolescent girls” in the National Conference on Psychological and social development of adolescents and their impact in the society, organized by Department of Social Work, Holy Cross College, Trichy, February 2014.
- Presented a paper on “ Early marriage- A threat to healthy adolescence” in the National Conference on Psychological and social development of adolescents and their impact in the society, organized by Department of Social Work, Holy Cross College, Trichy, February 2014.
- Presented a paper on “ Adolescents and alcoholism” in the National Conference on Psychological and social development of adolescents and their impact in the society, organized by Department of Social Work, Holy Cross College, Trichy, February 2014.

- Presented a paper on “ Problems of street children- An overview” in the National Conference on Psychological and social development of adolescents and their impact in the society, organized by Department of Social Work, Holy Cross College, Trichy, February 2014.
- Presented a paper on ‘Impact of socio-economic status on rural adolescent girls’ higher education aspiration” in the UGC sponsored International Conference on Child and Adolescent Mental Health, organized by Department of Social Work, Bharathidasan University, Trichy, January 2013.
- Presented a paper on ‘Problems and prospects in Women’s higher education’ in UGC sponsored National Seminar on Strategizing for the future challenges of women, organized by Shrimati Indira Gandhi College, March 2008.
- Presented a paper on ‘Beggary an associated problem of poverty’ in UGC sponsored National Seminar on Millennium Development Goals and rural development-role of education, organized by Arul Anandar College, Madurai, March 2008.
- Presented a paper on ‘Women’s higher education in India’ in UGC sponsored National Conference on Social work education-Opportunities and Apprehensions, organized by Bishop Heber College, December 2007.
- Presented a paper on ‘Able-bodied adult beggars in Tiruchirappalli-A profile’ in UGC sponsored National Seminar on Poverty alleviation through innovative employment programmes, organized by Urumu Dhanalakshmi College, September 2006.

Publications

1. Published a paper on “Job satisfaction –An important indicator of workers’ wellbeing”, page no: 117-121, **in International Journal of Research and Analytical Review**, ISSN 2349-5138, Special issue, **December (2018)**.
2. Published a paper on “ Prevalence of depression among women with polycystic ovary syndrome”, page no: 150-153, **in International Journal of Research and Analytical Review**, ISSN 2349-5138, Special issue, **December (2018)**.
3. Published a paper on “Psycho-social conditions of alcoholics and drug addicts”, page no: 154-157, **in International Journal of Research and Analytical Review**, ISSN 2349-5138, Special issue, **December (2018)**.
4. Published a paper on “Study on the influence of interest in job on work life balance”, page no: 188-191, **in International Journal of Research and Analytical Review**, ISSN 2349-5138, Special issue, **December (2018)**.
5. Published a paper on “ Depression, stress and anxiety among patients undergoing de-addiction treatment”, page no: 406-412, **in International Journal of Applied Research**, ISSN 2394-5869, Vol. 4(10), **October (2018)**.
6. Published a paper on “ Experience of domestic violence among married women”, page no: 61-64, **in International Journal of Multidisciplinary Research and Development**, ISSN 2349-5979, Vol. 5(10), **October (2018)**.
7. Published a paper on “ Mental health among early married women”, page no: 249-251, **in International Journal of Applied Research**, ISSN 2394-5869, Vol. 4(4), **March (2018)**.
8. Published a paper on “ Work life balance among women”, page no: 135-139, **in Shanlax International Journal of Arts, Science and Humanities**, ISSN 2321-788X, Vol. 5(4), **March (2018)**.

9. Published a paper on “ Influence of parenthood on self concept of adolescents”, page no: 83-88, in **Shanlax International Journal of Arts, Science and Humanities**, ISSN 2321-788X, Vol. 5(4), **March (2018)**.
10. Published a paper on “ Impact and problems associated with Whats-app use among college girl students”, page no: 11-15, in **Shanlax International Journal of Arts, Science and Humanities**, ISSN 2321-788X, Vol. 5(4), **March (2018)**.
11. Published a paper on “ Study on truant children”, page no: 239-241, in **International Journal of Applied Research**, ISSN 2394-5869, Vol. 3(11), **November (2017)**.
12. Published a paper on “ Causes of truancy with special reference to school factors”, page no: 236-238, in **International Journal of Applied Research**, ISSN 2394-5869, Vol. 3(11), **November (2017)**.
13. Published a paper on “ Spiritual well being among adolescents”, page no: 572-575, in **International Journal of Applied Research**, ISSN 2394-5869, Vol. 3(9), **August (2017)**.
14. Published a paper on “Social and psychological problems faced by the children of working women”, page no: 15-18, in **IOSR Journal of Humanities and Social Sciences**, ISSN: 2279-0837, Vol.5, **January (2017)**.
15. Published a paper on “Quality of life among women entrepreneurs in Trichy”, page no: 60-62, in **IOSR Journal of Humanities and Social Sciences**, ISSN: 2279-0837, Vol.2, **January (2017)**
16. Published a paper on “Adolescent well being among children of alcoholics”, page no: 66-71, in **International Journal of Multidisciplinary educational research**, ISSN 2277-7881, Vol. 6, Issue 3(2), **March (2017)**.
17. Published a paper on “Marital life satisfaction among women entrepreneurs in Trichy”, page no: 177-185, in **International Journal of Multidisciplinary educational research**, ISSN 2277-7881, Vol. 6, Issue 3(2), **March (2017)**.
18. Published a paper on “Work life balance among school teachers”, page no:220-228, in **International Journal of Multidisciplinary educational research**, ISSN 2277-7881, Vol. 6, Issue 3(2), **March (2017)**.
19. Published a paper on “ Impact of domestic violence on mental health of married women”, page no: 787-790, in **International Journal of Applied Research**, ISSN 2394-5869, Vol. 2(12), **December (2016)**.
20. Published a paper on “Problem of sexual harassment experienced by post graduate girl students”, page no: 458-462, in **International Journal of Applied Research**, ISSN 2394-5869, Vol. 2(7), **July (2016)**.
21. Published a paper on “Influence of socio-economic status on adolescents’ achievement motivation” in **International Journal for Research in Social Sciences and Humanities**, ISSN: 2455-6114, Vol. 2 (2)**February (2016)**. page no: 1-13
22. Published a paper on “ Study involvement among rural adolescent girls” in **International Journal for Research in Social Sciences and Humanities**, ISSN: 2455-6114, Vol. 2 (2)**February (2016)**. page no: 14-23
23. Published a paper on “Empowerment of self help group members”, page no: 420-422, in **International Journal of Applied Research**, ISSN 2394-5869, Vol. 2(2), **February (2016)**.
24. Published a paper on “ Medium of Instruction and self esteem among adolescents”, page no.:68-72 **International recognition Multidisciplinary Research Journal Special Issues**. ISSN 2231-5063, Vol. 5(7) **January (2016)**.
25. Published a paper on “Psychosocial impact of infertility among men- a study”, page no: 149-152, in **International Recognition Multidisciplinary Research Journal**, ISSN 2231-5063, Vol. 5(7), **January (2016)**.

26. Published a paper on “Gender difference and achievement motivation among adolescent school students”, page no: 149-152, in **International Journal of Applied Research**, ISSN 2394-5869, Vol. 2(1-C), January (2016).
27. Published a paper on “Alcoholism and marital adjustment”, page no: 973-976, in **International Journal of Applied Research**, ISSN 2394-5869, Vol. 1(12-N), November (2015).
28. Published a paper on “Socio-economic conditions of folk artists”, page no: 664-667, in **International Journal of Applied Research**, ISSN 2394-5869, Vol. 1(12-J), November (2015).
29. Published a paper on “Entrepreneurship- A tool for women empowerment”, page no: 51-56, in **International Level Quarterly Journal on Journal of Management and Science**, ISSN 2250-1819, Vol. I, October (2015).
30. Published a paper on “Self esteem among street children in Tiruchirappalli”, page no: 117-123, in **International Level Quarterly Journal on Journal of Management and Science**, ISSN 2250-1819, Vol. 1(1), October (2015).
31. Published a paper on “Impact of family interaction pattern on self-esteem among adolescent students”, page no: 100-107, in **International Level Quarterly Journal on Journal of Management and Science**, ISSN 2250-1819, Vol. 1(1), October (2015).
32. Published a paper on “Study on empowerment of women representatives in local self government”, page no: 168-172, in **International Contemporary Research Journal in Management and Social Sciences**, ISSN 2349-0195, Vol. 1(1), February (2015).
33. Published a paper on “Marital adjustment among early married women’ in the book titled **Exploring gender issues in multi-dimensional approaches: Interdisciplinary relevance**, page no: 267-276, ISBN : 978-93-81521-57-1, JAZYM Publication, Trichy, February(2015).
34. Published a paper on “Study on self esteem among self-help group members’ in the book titled **Exploring gender issues in multi-dimensional approaches:Interdisciplinary relevance**, page no: 37-43, ISBN : 978-93-81521-57-1, JAZYM Publication, Trichy, February(2015).
35. Published a paper on “Rural women’s general awareness on gram sabha” in the book titled **Exploring gender issues in multi-dimensional approaches:Interdisciplinary relevance**, page no: 232-237, ISBN : 978-93-81521-57-1, JAZYM Publication, Trichy, February(2015).
36. Published a paper on “Academic achievement motivation among visually impaired girls” in the book titled **Exploring gender issues in multi-dimensional approaches:Interdisciplinary relevance**, page no: 318-324, ISBN : 978-93-81521-57-1, JAZYM Publication, Trichy, February(2015).
37. Published a paper on “Problems in Social Work Education- An overview”, page no: 9-17, in **Practicing Social Work- The Reality & HR, The Business Acumen- A Transitional Role**, ISBN : 978-93-81208-38-0, G.K.Publishers, Chennai, September (2014).
38. Published a paper on “Marital life satisfaction among alcoholics”, page no: 77-79, in **Indian Journal of Applied Research**, ISSN 2249-555X, Vol. 4(12), December (2014).
39. Published a paper on “A study on human resource development climate prevalent among the sales segment of pharmaceutical companies”, page no: 57-59, in **Indian Journal of Applied Research**, ISSN 2249-555X, Vol. 4(12), December (2014).

40. Published a paper on “A study on factors affecting quality of work life among the employees of cement industry”, page no: 17-19, in **Indian Journal of Applied Research**, ISSN 2249-555X, Vol. 4(12), December (2014).
41. Published a paper on “Adolescents and Alcoholism”, page no: 75-88, in the **National Conference Proceeding on Psychological and Sociological development of Adolescents and their impact in their Society**, ISBN: 938116402-9, 2014.
42. Published a paper on “Problems of Street Children- An Overview”, page no: 132-140, in the **National Conference Proceeding on Psychological and Sociological development of Adolescents and their impact in their Society**, ISBN: 938116402-9, 2014.
43. Published a paper on “Study on quality of work life among the employees of cement industry”, page no: 371-381, in **Journal of International Academic Research for Multidisciplinary**, ISSN 2320–5083, Vol. 2(9), , October (2014).
44. Published a paper on “Rural girl students’ attitude towards education”, page no: 66-72, in **International Journal of Business Management and Social Sciences** ISSN 2319–5614, Vol. 3(10), , October (2014).
45. Published a paper on “Study on self Concept among Rural Girl students”, page no: 29-35, in **International Research Journal of Social Sciences** ISSN 2319–3565, Vol. 3(7), , July (2014) Int. Res. J. Social Sci. **International Science Congress Association**.
46. Published a paper on “Impact of socio-economic status on higher education aspiration among rural girls”, page no:181-192, in **ZENITH International Journal of Multidisciplinary Research**, ISSN 2231-5780, Vol.3 (9), September (2013)
Available at zenithresearch.org.in
47. Published a paper on “Self concept an influencing factor of rural students’ achievement motivation”, page no:189-207 in **Asian Academic Research Journal of Social Sciences and Humanities**, Volume-1, Issue- 15 (September 2013),**Online ISSN : 2278 – 859X**
48. Published a paper on “ Plight of early married women – an obstacle to women empowerment”, page no:352-361 in **Asian Academic Research Journal of Social Sciences and Humanities**, Volume-1, Issue- 15 (September 2013), **Online ISSN : 2278 – 859X**
49. Published a paper on “Problems encountered by non-governmental organizations- An overview”, page no:250-256 in **SELP Journal of Social Sciences**, ISSN 0975-9999, Vol.3 (IV), October (2013)
50. Published a paper on “Problems experienced by women undergoing infertility treatment”, page no:421-428 in **SELP Journal of Social Sciences**, ISSN 0975-9999, Vol.3 (IV), October (2013)
51. Published a paper on “Self Help Group an instrument for women empowerment”, page no.128-134, in the book titled as **Emerging trends in Social Work practice** edited by Mary Angeline published by G.K.Publishers, Chennai. 2012.
52. Published a paper on “Essential employability skills”, page no.135-144, in the book titled as **Emerging trends in Social Work practice** edited by Mary Angeline published by G.K.Publishers, Chennai. 2012
53. Published a paper on “Quality education depends on quality teachers”, page no.250-255, in the book titled as **Professional Social Work in India-Rhetoric and the reality** edited by Dr.A. Sethuramasubbaiah published by Western Publication, Coimbatore. 2011.

54. Published a paper on “Women’s higher education in India- An overview”, page no.220-227, in the book titled as **Professional Social Work in India** edited by Dr. P. Ilango and published by Allied Publishers Pvt. Ltd. 2010.
55. Published a paper on “Achievement motivation among rural girls in Dharmapuri district”, page no.637-643, in the book titled as **Professional Social Work in India** edited by Dr. P. Ilango and published by Allied Publishers Pvt. Ltd. 2010.
56. Published a paper on “Beggary-An extreme problem of poverty”, page no.3-10, in the book titled as **Millenium Development Goals** edited by Dr.J.Godwin Prem Singh and published by Allied Publishers Pvt.Ltd. 2009.
57. Published a paper on “Early marriage-A constraint to women’s development”, page no.127-134, in the book titled as **Millenium Development Goals** edited by Dr.J.Godwin Prem Singh and published by Allied Publishers Pvt.Ltd. 2009.
58. Published a paper on “Women empowerment through Self Help groups ”, page no.269-272, in the book titled as **Quality enhancement of Social Work profession in India- Issues and Challenges** edited by Dr.P.Ilango and published by Allied Publishers Pvt.Ltd. 2009.
59. Published a paper on “Study on socio-economic problems of people living with HIV/AIDS ”, page no.509-513, in the book titled as **Quality enhancement of Social Work profession in India- Issues and Challenges** edited by Dr.P.Ilango and published by Allied Publishers Pvt.Ltd. 2009.

Additional qualification

- Hands on experience in computer, SPSS.
- Ability to work with any group of people.

Areas of interest

- Women’s issues
- Research both qualitative and quantitative.

Personal details

Date of Birth : 22.03.1983
 Sex : Female
 Marital Status : Married
 Nationality : Indian
 Religion : Hindu
 Community : Kallar
 Languages Known : Tamil, English
 Address : No.50 Mettu Street,
 Srirangam
 Tiruchirappalli,
 Tamil nadu-620006.
 India
 Contact Number : 91-7540011166, 91-90035 90082.

I hereby declare that the above furnished information is true to the best of my knowledge and belief.

Dr. K.KAVITHA MAHESWARI