
Dr.N.Sherrin Sophia, Head

PG and Research Department of Social Work

Shrimati Indira Gandhi College

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**Professional Experience: 15 years 11 months**

- Head, PG and Research Department of Social Work, Shrimati Indira Gandhi College, Tiruchirappalli, TN, India- **April 2004 till date**
- Guest Faculty, Department of Social Work, Bharathidasan University, Tiruchirappalli, TN, India- **September 2002-April 2003**

Education (starting from the highest qualification)

Name of the Degree/ Examination	Year of Award	Institution	Specialization	Title Of Research Topic
Ph.D	2018	Bharathidasan University, Tiruchirappalli		A Study on Visually Challenged Couples in Tiruchirappalli District, Tamil Nadu
MPhil (Social Work)	2004	Bharathidasan University, Tiruchirappalli	-	A Study On HIV Patients at Tiruchirappalli City, Tamil Nadu
MSW (Master of Social Work)	2001	Cauvery College for Women, Tiruchirappalli	Medical and Psychiatry	Burden Encountered by the Family Members of Psychotics
MSc (Psychology)	2006	University of Madras	-	-
BRS (Bachelor of Rehabilitation Science)	1999	Holy Cross College, Tiruchirappalli		

PGDHRM (Post Graduate Diploma on Human Resource Management)	2006	Pondicherry University, Pondicherry		
PGDCP (Computer Programming)	1999	Holy Cross College, Tiruchirappalli,		
UGC - NET	2004			

Area of Specialization

Medical and Psychiatry

Research Interest

Mental Health, Disability, Children, Adolescent, Ageing.

No. of M.Phil Scholars Produced (Master of Philosophy) from 2004 till 2018

Completed : 13 Scholars

Ongoing : 2

Publications

ISSBN

- **Life Styles of Funeral Workers** in Inclusive Development - A Social Science Perspective- Rock City Publications Tiruchirappalli, ISBN: 978-93-80767-03-1 Pg. 91-95.
- **A Study on Hospital Mortuary Workers** in Inclusive Development - A Social Science Perspective- Rock City Publications Tiruchirappalli, ISBN: 978-93-80767-03-1 Pg. 96-100.

JOURNALS (UGC Sponsored)

- **Psychosocial Impact in Persons with Lower Limb Amputation Related to Diabetes** in the Journal on Science and Technology Vol-3/ Nov-1/ Feb 2012.

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- **Care Giver Burden in Families of patients with Schizophrenia** in Indian Journal of Applied research Vol 4/Issue-12/Spl Issue Dec 2014, pp 78-81.
 - **Quality of Life of HIV infected People at Perambalur** in Indian Journal of Applied research Vol 4/Issue-12/Spl Issue Dec 2014, pp. 82-84.
 - **Quality of Life among Caregivers of patients with Schizophrenia-** Contemporary Social Issues and Problems International Contemporary Research Journals in Management and Social Science Peer Reviewed and Indexed Vol: 1, Spl issue 2, Feb 2015, pp. 73-79.
 - **Depression, Anxiety and Stress among Visually Impaired Married Couples: A review of previous studies** Vol:1 Spl issues 2/ Feb 2015/ pp. 56-61.
 - **Quality of Life of Visually impaired married couples -A Systematic Review** Golden Research Thoughts: International Recognition Multidisciplinary Research Journal: Vol-V/ Issues:VII /Jan 2016. Pp 1-3.
 - **Depression, Anxiety and Stress among Parents of Differently Abled Children in Tiruchirappalli** in the International Multidisciplinary Research Journal Vol-5/Issue-7/Jan-2016,pp. 1-3.
 - **Self Esteem Among Commercial Sex Workers in Tiruchirappalli** District Golden Research Thoughts: International Recognition Multidisciplinary Research Journal: Vol-V/Issues: VII/Jan 2016. pp.1-4.
 - **Problems faced by Women with Polycystic Ovary Syndrome:** International Journal of Multidisciplinary Research and Development, Vol-3/Issus:2/Feb2016/pp. No.:288-289.
 - **Life Satisfaction among Older Persons in Tiruchirappalli** in the International Recognition Multidisciplinary Research Journal Vol-5/Issue-8/Feb2016.
 - **Partner Preferences among Devanga Chettiar Community youth at Panruti, Tamil Nadu** in the International Recognition Multidisciplinary Research Journal Feb 2016, Volume - 5 | Issue - 9 | March – 2016.
 - **Evil Eye Doll (Drishti Bhoomai) vendors at Tiruchirappalli** in the International Journal of Applied Research, Vol 2 /Issue 5/ pp. 666-668 Feb 2016.
 - **Subjective Wellbeing among Older Persons at Tiruchirappalli** in the International Journal of Applied Research, Vol-2 /Issue-5/ pp. 730-732 -Feb 2016.
 - **A study on religious attitude among Ayyappan devotees** in the *International Journal of Applied Research*. Volume: 3, Issue: 4Year: 2017, pp 165-167.
 - **Stress experienced by visually challenged adolescent girls** in the International Journal of Applied Research, Volume: 3, Issue: 4, Year: 2017, Pg. : 163-164.

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- **A study on childless couples seeking treatment for infertility** in the International Journal of Applied Research. Volume: 3, Issue: 4, Year: 2017, pp.161-162.
 - **A study on sanitation workers at Tiruchirappalli** in the International Journal of Applied Research, Volume: 3, Issue: 4, Year: 2017, pp.:168-170.
 - **Subjective Wellbeing among Visually Impaired Adolescent** in the *International Journal of Multidisciplinary Educational Research*. Volume: 6, Issue: 3(2) March 2017.
 - **A Study on Perceived Social Support among Visually Challenged Couples at Tiruchirappalli District, Tamil Nadu**, Shanlax International Journal of Arts, Science and Humanities, Vol-5, Issue-5 pp. 56-68.

Presentations

- **Rights of HIV Women** in the UGC sponsored National Level Seminar on strategies for the future challenges of women organized by Department of Management studies and Social Work Shrimati Indira Gandhi College Tiruchirappalli on 19th and 20th March 2008.
- **“Sexual Reassignment Surgery”** in the UGC sponsored Two Day National Seminar on "Social Exclusion of Transgender: Inclusive Alternatives in India" conducted by Centre for study of Social Exclusion and Inclusive Policy, Bharathidasan University Tiruchirappalli and District Legal services Authority from 21.2.14 to 22.2.14
- **“Medias Positive and Negative Influence on Teenagers”** in the National Conference on Psychological and Social Development of Adolescents and their impact in the society held at PG Department of Social Work Holy Cross College. Tiruchirappalli on Feb 6th and 7th 2014
- **“Teenage Pregnancy”** in the National Conference on Psychological and Social Development of Adolescents and their impact in the society held at PG Department of Social Work Holy Cross College. Tiruchirappalli on Feb 6th and 7th 2014
- **Psychological problems of Aged Women- A study** in the International Seminar on Recent Development and Emerging Trends in Social Work Research organized by PG department of Social Work Bon Secours College for Women, Thanjavur on 2nd and 3rd March 2012
- **The Emotional Aftermath of Plastic Surgery** in the International Seminar on Recent Development and Emerging Trends in Social Work Research organized by PG department of Social Work Bon Secours College for Women, Thanjavur on 2nd and 3rd March 2012
- **108 Emergency Response Service** in the International Seminar on Recent Development and Emerging Trends in Social Work Research organized by PG department of Social Work Bon Secours College for Women, Thanjavur on 2nd and 3rd March 2012
- **Texting Addiction among youth** in the UGC National Conference on Contemporary Social Issue and Problems held at Bharathidasan University on 6th Feb 2015

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- **“Rising Trends of Divorce in India: Is women Empowerment the cause ?”** in the UGC National Conference on Contemporary Social Issue and Problems held at Bharathidasan University on 6th Feb 2015
 - **Insecurity among Transgender** in the UGC National Conference on Contemporary Social Issue and Problems held at Bharathidasan University on 6th Feb 2015
 - **Depression, Anxiety and Stress among Visually Impaired Married Couples: A review of previous studies** in the International Seminar on At Risks Sections of Society" at Department of Social Work, Bharathidasan University Tiruchirappalli on 5th Feb 2016
 - **Quality of Life of Visually impaired married couples -A Systematic Review** in the International Seminar on At Risks Sections of Society" at Department of Social Work, Bharathidasan University Tiruchirappalli on 5th Feb 2016
 - **Self Esteem Among Commercial Sex Workers in Tiruchirappalli District** in the International Seminar on At Risks Sections of Society" at Department of Social Work, Bharathidasan University Tiruchirappalli on 5th Feb 2016
 - **Organizational Climate at Baby Engineering Private Limited, Tiruchirappalli** in the ICSSR sponsored National Seminar on India's Labour Legislation and its Employment Relation for the Next Decade organized by Department of Human Resource Management, St Joseph's College, Tiruchirappalli on 8th March 2016.
 - **Subjective Wellbeing among Visually Impaired Adolescent”** in the One Day International Conference on Emerging Trends in Social Work Profession on 16th February 2017, organized by the PG Department of Social Work, Jamal Mohamed College. Trichy.
 - **“ Social Support Among Visually Challenged People: A Systematic Review”** at the UGC Sponsored National Seminar on Social Work in Mental Health held at Bharathidasan University, Tiruchirappalli on 24-25th March 2017.
 - **“A study on religious attitude among Ayyappan devotees”** at the UGC Sponsored National Seminar on Social Work in Mental Health held at Bharathidasan University, Tiruchirappalli on 24-25th March 2017.
 - **“Stress experienced by visually challenged adolescent girls”** at the UGC Sponsored National Seminar on Social Work in Mental Health held at Bharathidasan University, Tiruchirappalli on 24-25th March 2017.
 - **“A study on childless couples seeking treatment for infertility”** at the UGC Sponsored National Seminar on Social Work in Mental Health held at Bharathidasan University, Tiruchirappalli on 24-25th March 2017.

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- “A study on sanitation workers at Tiruchirappalli” at the UGC Sponsored National Seminar on Social Work in Mental Health held at Bharathidasan University, Tiruchirappalli on 24-25th March 2017.

Participations

- International Social Work Experiences Reflection and Future Perspectives on 29th and 30th Nov 2012 at Department of Social Work, Bharathidasan University Tiruchirappalli.
- UGC Sponsored National Seminar on Recent Trends in Welfare of the Differently Abled persons: Rights, Welfare, Social Integration and Mainstreaming held at Bharathidasan University, Tiruchirappalli on 24th Feb 2012.
- One day National Workshop on Rights to education for the Differently Abled Persons in higher Education organized by IECD, Center for Differently Abled Person Bharathidasan University and National Institute for the Visually Handicapped(Under Ministry of Social Justice and Empowerment, Government of India) Regional Center, Chennai-10th Oct 2011.

Chaired Sessions

- UGC Sponsored National Seminar on Recent Trends in Welfare of the Differently Abled persons: Rights, Welfare, Social Integration and Mainstreaming held at Bharathidasan University, Tiruchirappalli on 24th Feb 2012 in the topic "Differently Abled Persons"
- International Conference on Social Work and Community Mental Health, 16th-17th February, 2018. Department of Social Work, Bharathidasan University, Tiruchirappalli-23

Activities carried out

- **Radio Talk at All India Radio, Tiruchirappalli :** “HIV/AIDS Awareness”
- **Psychosocial Counselling** for Women Sub Inspectors, Trichy Zone, India.
- Acted as Resource person and also conducted several awareness programmes on mental health, exam phobia, personality development, child sexual abuse, psychosocial counselling, stress management, work life balance, etc. for the following
 - School/College students
 - Rural Adolescent girls and boys
 - School teachers
 - Employees working in Industries
 - Nursing and Physiotherapy students
 - HIV women and children

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- Juvenile delinquents
 - Commercial Sex workers
 - Transgender
 - Tribal women and children
 - Women Police
 - Tsunami victims

ICT Material for PG and MPhil

- Research Methodology
- Human Growth and Personality development

Student Counselling Coordinator

Shrimati Indira Gandhi College, Tiruchirappalli (2014 till date)