

SHRIMATI INDIRA GANDHI COLLEGE
TIRUCHIRAPPALLI – 620 002
(Nationally Accredited at ‘A’ Grade by NAAC)

National Service Scheme

2018 - 2019

Ms.K.Kavitha and Ms.V.Geetha, NSS Programme Officers attended the NSS Programme Officer’s Meeting at Bharathidasan University, Trichy on 14.06.2018. in relation to PFMS (Public Financial Management System) Registration.



50 NSS Volunteers participated in the “**Mass Yoga Demonstration Programme**” jointly organized Nehru Yuva Kendra, an autonomous body under the Ministry of Youth Affairs and Sports, Govt. of India, Shri Jayaranga Nature Care Hospital & Yoga Research Centre at Youth Hostel, Near Anna Stadium, Trichy on 21.06.2018.



50 NSS Volunteers participated in the Awareness Rally in the International Yoga Day Celebrations conducted by Bharathidasan University, Tiruchirappalli on 21.06.2018. Rally was started at Bharathidasan University, Khajamalai Campus and ended at the same.



100 NSS & Youth Red Cross Volunteers participated in the Awareness Rally on International Drug Abuse and Illicit Trafficking Day Celebrations organized by The Indian Red Cross Society (Trichy Branch) on 26.06.2018. The Rally was flagged off by the District Collector Mr.K.Rajamani, I.A.S & Trichy City Police Commissioner Dr.A.Amalraj, I.P.S. The Rally started at Major Saravanan Circle and ended at Railway Station, Tiruchirappalli.

Conducted a Lecture Programme on “**Citizens for Uyyakondan**” by Dr.K.Narasimha Rao, Member of Citizens for Uyyakondan, Trichy on 04.07.2018. He explained the importance of Uyyakondan River a water resource and the history of Uyyakondan segregation of wastage and proper disposal methods. Mr.Godwin, Asst. Professor of Architecture, CARE School of Architecture, Trichy spoke about the water resource management and the structure of Kallanai.



Ms.V.Geetha and Ms.R.Vasanthi, NSS Programme Officers were attended the CCTV Awareness Programme conducted by. Trichy District Police Commissioner at Hotel Sangam, Trichy on 11.07.2018.

Ms.K.Kavitha and Ms.R.Vasanthi, NSS Programme Officers were attended the CCTV Awareness Programme conducted by Trichy District Police Commissioner at Hotel Mayas, Trichy on 19.07.2018.

NSS Programme Officers and 30 NSS Volunteers participated in **My City – My Duty** ‘Citizens for Uyyakondan’ Trichy conducted by Cleaning activities in the river banks of Uyyakondan on 22.07.2018.



30 NSS Volunteers attended the **“Health Camp cum Valediction of the Awareness on Menstrual Hygiene Management”** organized by Menstrual Hygiene Management Consortium (MHMC), Clinical Research Committee, Youth Cell, Federation of Obstetric & Gynecological Societies of India (FOGSI) and Shirdi Sri Thayumana Saibaba Seva Project at Garbarakshagi Mahal, Cantonment, Trichy on 27.07.2018. The Slogan Writing (NSS Women Students) and Mime Competitions for all the college girls from other Districts including Pudukkottai, Perambalur, Ariyalur, Thanjavur etc., have participated. ‘Group Song’ competition for all the SHGs Women and the Member of All Ladies Clubs of Trichy Dr.K.Meena, Vice President, MHMC and Former Vice Chancellor, Bharathidasan University delivered the presidential address.



17 NSS Volunteers participated in the Social thinking Carnival Jointly organized by TOSS (Team of Social Service) and Hallmark Business School held at Hallmark Business School, Trichy. On 10.08.2018, L.Manju Dharshini, III B.Com got the I Prize in Photography and 6 students got the II Prize in Mime.



30 NSS Volunteers along with Ms.K.Kavitha and Ms.V.Geetha NSS Programme Officers went to the Trichy Rockfort Temple to help the temple officials to count the Hundial Money on 28.08.2018.



4 NSS Programme Officers & 20 NSS Volunteers participated in the Eye Screening Camp for the College Teachers jointly organized by the NSS Cell of Bharathidasan University and Joseph Eye Hospital, Trichy on 05.09.2018. Dr.A.Lakshmiprabha , NSS Coordinator i/c , Bharathidasan University inaugurated the Camp.

MS.R.Sinekalatha of II B.A. English, NSS Volunteer attended the Adventure Camp. Conducted by the Ministry of Health and Youth Affairs of India from 22.09.2018 to 01.10.2018 at Manali, Solang, Himachal Pradesh. She was actively participated in the adventure activities like Trecking, River Crossing etc..





5 NSS Volunteers participated in an One day workshop on Personality Development in the NSS Golden Jubilee Year celebrations organized the NSS Cell of Bharathidasan University, Tiruchirappalli on 24.09.2018. Dr.G.Gopinath, Registrar, Bharathidasan University inaugurated the programme.

50 NSS Volunteers and Programme Officers participated in an Awareness programme on “Mega Plogging” organized Trichy City Corporation as a part of Swachh Bharat Mission on 02.10.2018 at “Thillainayagan Padithurai” Cauvery river, Trichy. They picked out and collected plastic materials and carry bags.



The Joseph Eye Hospital, Trichy in association with NSS Cell of Bharathidasan University organized an Eye Health Awareness Human chain on 11.10.2018 to commemorate the World Sight Day. The Human chain started at Joseph Eye Hospital and ended at Tiruchirappalli Junction. 50 NSS Volunteers participated in this Human Chain.



Ms.V.Geetha, NSS Programme Officer and Ms.Leka, II B.Sc Chemistry, Campus ambassadors attended the Voter's Meeting at Seethalakshmi Ramasamy College, Trichy on 13.10.2018.



Conducted a programme on "Global Hand Washing Day" for the School Children at P.S.Indu Govt. School, Trichy on 15.10.2018.

Ms.V.Geetha & Ms.K.Kavitha attended an Awareness Programme on "**Dengue and Nilavembu Kudineer**" conducted by Trichy City Corporation on 26.10.2018.



In association with our college, NSS Volunteers also lended a helping hand to supply several things such as candles, match box, Biscuits, Water bottles, Rice Bags tumbler, mugs etc. to the rain affected people of Pudukkottai districts. The things were handed over to the Dhinamalar Flood Relief Service Group.

The Tiruchirappalli City Corporation, Menstrual Hygiene Management Consortium (MHMC) and NSS Units of Bharathidasan University, Tiruchirappalli jointly organized a **Seminar on “Health & Hygiene for Women and Release of a Booklet with Slogans on “Menstrual Hygiene Management Awareness”** for Sanitary Workers at in Devar Hall, Tiruchirappalli on 24.11.2018. An inter-collegiate slogan writing competition was held for the College Girls students. More than 450 slogans were received and Dr. Lakshmi prabha NSS Coordinator (i/c), Bharathidasan University, Trichy, and the NSS Programme Officers of Shrimati Indira Gandhi College, Trichy, scrutinized the slogans and selected 100 best slogans. These 100 slogans were compiled into the form of a booklet. Dr.K.Meena, Vice President, MHMC and Former Vice Chancellor, Bharathidasan University, Tiruchirappalli gave a talk on awareness about Menstrual Hygiene Management was created among Sanitary Workers of Triuchirappalli City Corporation.



Ms.B.Sudarvizhi, II B.Sc Computer Science of NSS Volunteer attended a National Integration Camp at Alagappa Chettiar College of Engineering and Technology, Karaikudi from 10.12.2018 to 16.12.2018.



Shrimati Indira Gandhi College is adjudged as the “Best NSS Unit Award” by the NSS Unit of Bharathidasan University for the year 2017 – 2018 and the Award Ceremony will be held on 28.12.2018.

20 NSS Volunteers participated in an Essay Writing competition topic on “**Character Building with Special Focus on making youth sensitive to Traditional Values**” conducted by NSS Units of Bharathidasan University, Trichy on 02.01.2019 at our college campus. Among these two essays were selected and sent to the NSS Units of Bharathidasan University, Tiruchirappalli.

50 NSS Volunteers participated in the Awareness Programme on “Walkathon” in the National Girl Child Day Celebrations conducted by Trichy Obstetric & Gynaecological Society, Tiruchirappalli on 02.01.2019. The Walkathon was started from Indian Medical Association, Trichy and ended the K.A.P.Viswanathan School, Trichy.



On 02.1.19, 100 NSS Volunteers attended “**National Girl Child Day**” (Save and Educate the girl Child Campaign) Oath taking, Brochure and Poster releasing and Distribution of Prizes to the winners of the Poetry – Writing Competition on the topic “ **Pudhumai Pengalai Padaippom**” and the Poster Competition on “**Udhiri Pookala Pengal ?**” at Shrimati Indira Gandhi College. The programme organized by Tamilnadu State Rural and Urban livelihood Mission (Magalir Thittam) Tiruchirappalli, Menstrual Hygiene Management Consortium (MHMC) Tiruchirappalli, YUGAA, Tiruchirappalli & ENABLE, Tiruchirappalli.

The Fine Arts Association and National Service Scheme of Shrimati Indira Gandhi College Jointly organized Pongal Celebration on 10.01.2019 in the R.V.Auditorium. The Students Celebrated with full enthusiasm by preparing Pongal with the harvested rice. They were

traditional costumes and danced with karagam which exhibited the culture of Tamil Nadu. Finally Pongal was distributed to everyone.

Conducted a General **Orientation programme** for the I Year NSS Volunteers by **Dr.S.Chellammal**, Assistant Professor, Department of Computer Science & NSS Programme Officer, Bharathidasan University Constituent College, Navalur kuttapattu, Tiruchirappalli on 10.01.2019. She explained two kinds of NSS activities, Emblem and Motto of the NSS.



On 11.01.2019, 5 NSS Volunteers uploaded Speech Videos on YOUTUBE on the various topic as the part of organizing District Youth Parliament.



The Dinamalar, SCOPE, National Service Scheme, Shrimati Indira Gandhi College, Menstrual Hygiene Management Consortium (MHMC) and Panchayat Union Primary School & Union Mandram, Pagalavaadi jointly organized “**Sugadhaara Pongal Vizha Celebrations**” at Pagalavaadi, Thuraiyur on 11.01.2019. Dr.K.Meena, Former Vice Chancellor , Bharathidasan University, Tiruchirappalli released the

Brochure on “**Sugadhaara Pongal**” and distributed the Prizes. 30 NSS Volunteers explained such as like the topic on “Thinnai Pechu”, “Hand Washing Methods”, “Yoga”, “Menstrual Hygiene”, “Sathaana Unavu” and “Pengulanthaigalai Kappom”.





30 NSS Volunteers along with Ms.R.Vasanthi, NSS Programme Officers went to the Trichy Rockfort Temple to help the temple officials to count the Hundial Money on 23.01.2019.

NSS Programme Officers and 100 NSS Volunteers took part in the oath taking as a part of National Voters' Day Celebrations. An Oath regarding Voters' awareness was taken under the Gandhi Tree of our college campus on 25.01.2019.



On 30.1.19, Around 200 Volunteers paid floral tributes to the photo of Gandhiji Placed under the Gandhi tree before administering the oath and an oath was taken in connection with the Martyrs' Day, the 71st death anniversary of Mahatma Gandhiji. The oath was read by the president of the college. The NSS Programme Officers and a few faculty members participated in the occasion.



On 31.01.2019, 30 NSS Volunteers were carried out the Toilet Construction work at Periyar Nagar and Mallaachipuram, Andhanallur Union Block, Trichy. In this programme Mr.Senthilkumar, Block Civil Engineer gave a speech about construction of the toilet under Government concession.



Conducted a **General Awareness Programme on “Menstrual Hygiene, Healthy Food, Book Reading, Hand Washing & Segregation of Waste”** by the NSS Programme Officers and Volunteers at Government Higher Secondary School, Poovalur, Trichy On 05.02.2019. As the part of the programme, the NSS Volunteers and Programme Officers discussed with the School Students the importance of Sanitary Napkins, the proper way of disposing it, Personal Hygiene and the spread of diseases by the usage of dirty cloth material repeatedly. Our NSS Volunteers gave a demo on Hand Washing Methods and through a street play they gave a safety tips in order to protect ourselves from the harassments.



6 NSS Volunteers along with Ms.K.Kavitha NSS Programme Officer participated in a One Day Workshop on “**Embellishing Interpersonal Skills For Interview**” jointly organized by NSS Cell of Bharathidasan University & Bishop Heber College, Tiruchirappalli on 09..02.2019.



Conducted a several Awareness Programme on Menstrual Hygiene, Healthy Food, Save the Girl Child and Freehand Embroidery” for school students at Vivekananda Higher Secondary School, Tirupparaithurai on 11.02.2019. The NSS Volunteers and Programme Officers spoke about Menstrual Hygiene and how to dispose the used napkins in the proper way. They also stressed on the importance of a nutritious diet for a healthy well being. The importance of proper hand washing before and after every meal and after using the toilet was also demonstrated. The method to safeguard oneself during emergency was shown. Many pamphlets with instructions were distributed.



Ms.K.Kavitha and Ms.R.Vasanthi, NSS Programme Officers attended the NSS Programme Officer's Meeting organized by NSS Cell of Bharathidasan University at Bishop Heber College, Trichy on 12.02.2019 in relation to PFMS (Public Financial Management System) Registration.



On 18.03.2019 NSS Units of Shrimati Indira Gandhi College ,Trichy in collaboration with City Corporation, Trichy conducted a Voter's Awareness programme at R.V.Auditorium. Mr. M. Gunasekar Assistant Commissioner, City Corporation (Shrirangam Block) Trichy and Mr. R. Ramesh Kumar, Administrative officer, City Corporation (Shrirangam Block) Trichy, explained the importance of voting and about the new polling machine. 400 NSS Volunteer participated in this programme.



A Signature campaign to spread the awareness to vote promptly without accepting any money. The dignitaries including the District Collector, Corporation Commissioner, the Secretary of Shrimati Indira Gandhi College, Principal, Vice-Principal and the officials from the corporation and Collector Office along with the students and Faculty members of Shrimati Indira Gandhi College affixed their signature on the white board kept in the college campus to express their solidarity in voting.



30 NSS Volunteers along with Ms.S.Kannammal, NSS Programme Officers went to the Trichy Rockfort Temple to help the temple officials to count the Hundial Money on 28.03.2019.



50 NSS Volunteers along with Ms.R.Vasanthi & Ms.K.Kavitha NSS Programme Officer participated in the Rally for “VOTER’S AWARENESS” organized by the City Corporation and the Collector office, Trichy on **12.04.2019**. The Rally flagged off by the Trichy City Collector. The Rally started at E.R. Higher Secondary School went through Shrimati Indira Gandhi College and ended at E.R. Higher Secondary School. This Awareness Rally is specially conducted for Physically Challenged people and their duty to