

The National Service Scheme
SHRIMATI INDIRA GANDHI COLLEGE
(Nationally Re-accredited at 'A' Grade by NAAC)
Tiruchirappalli – 02

On 09.07.12 The NSS Programme Officer took a staff member from Shrimati Indira Gandhi College, Trichy , to G.V.N. Speciality Hospital to donate blood for a Cancer patient.



On 14.07.2012 A Lecture cum demonstration activity on Disaster Management Awareness was conducted by the NSS units of Shrimati Indira Gandhi College for the NSS volunteers at Vidya Seva Ratnam K. Santhanam Auditorium.

The resource person was Mr. R. Narayana Samy.

There was both theory and practical demonstration. Video Clippings was also shown to enable the students for a better understanding. Disaster management on situations like Earth Quake, Tsunami and Fire accidents were part of the discussion. The students involved themselves in practical live demos which were done both on and off stage.

Highlights of the awareness:

- How to act in case of such disasters.

- What measures to adapt.
- How to conduct oneself in such a crisis.
- The dos and don'ts.

250 NSS volunteers and the NSS Programme Officers took part in the awareness Programme.

On 17.07.12 Two NSS Programme Officers took four students from Shrimati Indira Gandhi College, Trichy, to K.M.C Hospital to donate blood for a child suffering from dengue fever.

On 18.07.2012 The NSS Units of Shrimati Indira Gandhi College, Trichy, organized a "Training Programme" for the II year NSS volunteers. The NSS programme officers spoke about the NSS regular and Special Camp activities. To them

On 21.07.2012 The NSS units of Shrimati Indira Gandhi College, Trichy, went to their adopted villages on a one day camp to find out the school drop outs. The unemployed were also identified. The students went door to door and spoke to the people in groups to collect the above data and to create awareness.

On 23.07.12 Two NSS Programme Officers from Shrimati Indira Gandhi College, Trichy, took 5 NSS volunteers and one staff member to Kaveri Medical Centre (K.M.C Hospital) to donate blood for a head injured patient.

On 28.07.12 National Jaundice Day the Indian Medical Association and Gastro Care jointly organized a free camp on finding out the jaundice infecting germs. Dr. Sridharan in his address spoke about the two different germs that spread jaundice and Hepatitis (B and C). He also said that if the germs weren't treated properly after fifteen years it would

turn into Cancer Disease. In the camp 350 students and medical officials were given free testing for Jaundice. 50 NSS volunteers of Shrimati Indira Gandhi College, Trichy, took part in the camp.



World Breast Feeding Week was celebrated by the NSS units of Shrimati Indira Gandhi College on 06.08.12 at Vidya Seva Ratnam K. Santhanam Auditorium. Indian Medical Welfare Association and the NSS unit of Bharathidasan University jointly organized this programme. Ms. Dr. Rekha Sudarsan (department of Lactation management) of Chennai was the chief guest who spoke about the importance of Breast Feeding, and its need, she also spoke how employed mothers should feed their infants, and there was demo programme. She then gave a detailed explanation to the queries asked by the students. The NSS coordinator Dr.L.Ganesan i/c of Bharathidasan University gave the vote of thanks.

On 14.08.12 25 NSS volunteers and 2 Programme Officers went to Jamal Mohamed College to participate in the ROAD SAFETY Awareness programme jointly organized by, the Trichy Traffic police, Bharathidasan University and Nehru Yuva Kendra. The Programme started at 9.30 a.m. Mr Sailesh Kumar Yadav released a book on traffic rules and regulations which was received by The Vic Chancellor Dr. K. MEENA. Who addressed the gathering later. The NSS volunteers then gave awareness to the public who spoke to them about the importance of wearing Helmet and obeying traffic rules.

On 15.08.12 50 NSS volunteers and 2 Programme Officers went to Bharathidasan University to celebrate the 64th Independence Day. The Vice Chancellor Dr. K. MEENA hoisted the National flag at 9.30 a.m. and delivered the Independence Day address. She then honored the people for their best services and distributed the certificates to the NCC cadets. NSS and NCC students from different colleges participated in the Independence Day celebration.

On 15.08.11, 50 NSS volunteers and the programme officers of Shrimati Indira Gandhi College, Trichy went to their adopted village to celebrate the **Independence Day**. Panchayat President Sona Selvam, hoisted the National flag in the Panchayat Union Office, Kavalkarapazhayam .and delivered the **Independence Day** speech .One NSS volunteer spoke about our Nation and freedom fighters.

On the occasion of Rajiv Gandhi's birthday celebration on 21.08.2012 the NSS Units of Shrimati Indira Gandhi College, Trichy, conducted competitions such as Slogan Writing and drawing competitions on the topic **My Earth My Duty**. On the same day an oath for **Communal Harmony** was also taken by the 250 NSS volunteers and the programme Officers.

On 23.08.2012 A One Day Work Shop on **Public Speaking** was conducted for the NSS volunteers at Urumu Dhanalakshmi College Trichy. 10 volunteers and one Programme Officer participated in the Work Shop.

On 25.08.2012 the NSS Units of Shrimati Indira Gandhi College, Trichy, conducted a One Day Workshop on **First Aid Awareness** for the NSS volunteers at Vidya Seva Ratam Auditorium. Sathya Sai Baba devotees Sangh Mr. M Rupesh Kumar gave a lecture cum demo on First

Aid Awareness for the volunteers, on what first aid should be given for the treatment of Heart Attack, C.P.R practice, and Insect Bites. The morning session was practical and the afternoon session was theoretical. 250 volunteers and the NSS Programme Officers took part in the programme.



On 29.06.2011 the NSS Units and the RRClub of Shrimati Indira Gandhi College jointly organized a special lecture programme on **Personality Development** by Dr. R.Sivagami, Assistant Professor, Department of Zoology, Government College, Musiri, gave the lecture. She addressed 50

RRC and 150 NSS volunteers.

Highlights of the lecture---

- Gave a clear picture of how to develop one's personality.
- Guidelines to develop it.
- The need to develop one's personality.
- Motivated the students to develop their personality.
- The importance of personality development today.

Mrs. B. Varalakshmi & Ms. G.Mageshwari NSS Programme Officers of Shrimati Indira Gandhi College, Trichy, attended the General Orientation at Madras School of Social Work – Chennai from 04.09.12 to 10.09.12.

On the Occasion of The World Adolescence Day the NSS units of Shrimati Indira Gandhi College, Trichy, conducted an awareness



programme for the NSS volunteers on 07.09.2012. The resource person Dr S. Chitra spoke on various topics such as - Personal Hygiene, Health care, mental growth of children and the problems faced by Youth today. 250 NSS volunteers and 3 NSS programme officers attended the programme.



On 24.09.12 for the Eradication of mosquito menace an oath was taken in the college premises by the NSS volunteers of Shrimati Indira Gandhi College, Trichy. The Trichy municipality Medical officer Ms Edison spoke on the various ways to stop the multiplying of mosquitoes. 500 NSS volunteers and the programme officers took part in the programme.

The NSS Day was celebrated by the NSS units of Shrimati Indira Gandhi College, Trichy, on 25.09.12. An Awareness Programme on daily waste and its recycling was organized for the NSS students. NGO, Scope, Mr. M. Subbaraman spoke on the topic. Competitions were also conducted on the occasion for which prizes were given at the end of the programme 500 volunteers and the programme officers took part in the programme.



70 NSS students and 3 programme officers of Shrimati Indira Gandhi College, Trichy, participated in the Youth Health Mela conducted at K.A.P.Viswanathan Hr Sec School Trichy on 27, 28 & 29.10.12

On 02.10.2012 Gandhi Jayanthi Day was celebrated by the NSS units of Shrimati Indira Gandhi College, Trichy, under the Gandhi Tree in the premises. The NSS volunteers and the programme officers took part in the programme.

On 11.10.12 25 NSS volunteers and 3 Programme officers went to Bharathidasan University to attend the NSS Award function at Bharathidasan University (AC auditorium). The Vice- Chancellor

Dr.K. Meena, Registrar the NSS Regional Head, NSS Coordinator, and the Committee Members were present at the function. Shrimati Indira Gandhi College, Trichy won the best Unit award, Ms G. Uma Rani won the Best Programme Officer Award and Ms R.Aishwariya B.Com (C.A) won the best volunteer award for the year 2011-2012. The college also won the Best U nit Award for the year 2011-2012.



Pongal was celebrated in the college premises by the NSS Units and the Fine Arts of Shrimati Indira Gandhi College, Trichy, on 10.01. 2013. Volunteers wore traditional dresses bringing out the customs and culture of the villagers in the celebration of the festival. The volunteers m also danced for the village folk songs such as kummi, karkattam and Oyilattam,. Pongal was distributed in the end of the function.

The NSS Units of Shrimathi Indira Gandhi College, Trichy conducted Speech and Slogan Writing Competition on the topic “Voting is ones first duty, Awaken to the Rights of Vote” on the



occasion of the Voters Day on 19. 1.13. 30 volunteers participated in the competitions.

Prize winners of the competitions:

1. M. REVATHI - III BCA 'C' - I
- 2 K. SHOBANA- III MCA - II
3. M.SUNDARI- I M.A (Tamil) – III

Slogan Writing

- 1 V. MAHALAKSHMI - I M.A (Tamil) - I
2. PRIYA - I M.A (Tamil) - II

On the occasion of the Voters Day 100 volunteers took part in the Mini Marathon. The District Collector flagged off the Mini Marathon which started from R.C. school to St.Johns Vestry school, Trichy. The District Collector, district Judge Mr. P. Velmurugan. Municipal chairman, Mr. V. Dhandapani, District Education Officer, Mr. K. Selvakumar, Bharathidasan University, and the NSS Coordinator Mr. L. Ganesan i/c took part in the programme. New Electoral card was given for the new applicants in the function.

On 26.01.2013 The NSS units of Shrimati Indira Gandhi College, Trichy, went to their adopted villages to celebrate the 63rd Republic Day in the Panchayat Union school there.. The village chairman Mr. Sona P.Selvam hoisted the National flag and delivered the Republic Day address. Kavi Priyadarshini of I BCA NSS volunteer of Shrimati Indira Gandhi College , Trichy gave a speech. The function came to an end with the distribution of sweets by the NSS volunteers.

On 28.01.2013 The NSS Units of Shrimati Indira Gandhi College , Trichy took part in the special lecture programme conducted by the Food Protection and Medical Administration Department on “Food Protection and Quality Assurance Act” at Vidya Seva Ratnam K.Santhanam Auditorium. A special lecture was given by Dr.A. Ramakrishnan to the NSS Volunteers.He explained about the customer rights, quality of products, price, manufacturing date, expiry date and how to find out the fake ones.



On 30.01.2013 200 NSS Volunteers and the Programme officers of Shrimati Indira Gandhi College, Trichy, participated in the rally conducted by Food Protection and Medical Administration Department on “Food Protection, awareness and Quality Assurance Act”. The rally was flagged off by the District Collector Mrs. Jayashri Muralidharan. It started at Passport Office and ended at Shrimati Indira Gandhi College , Trichy ,via Gandhi Market. .



On 30.01..2013 10 NSS Volunteers with one programme officer participated in the one day workshop conducted by the Jamal Mohammed College, Trichy on “**Violence against Women**”. The Workshop was inaugurated by the District Police Commissioner, Trichy. There were 3 Sessions such as women rights, violence protection law and violence against women.

On 05.02.13 on behalf of the WISH FORUM of Bharathidasan University, the NSS Units of Shrimati Indira Gandhi College, Trichy, organized a practical session for the students on the methods of preparing “ Low Cost Napkins” at Vidhya Seva Ratnam K.Santhanam Auditorium. The Resource Person was Mrs. S. Thilagavathi, Self Help Group, Trichy. She gave a special lecture about personal hygiene and how to prepare low cost napkins.

On 16.02.13 on behalf of the WISH FORUM of Bharathidasan University, the NSS Units of Shrimati Indira Gandhi College, Trichy, organized an awareness programme for the volunteers. The NSS Programme Officer Ms. G.Uma Rani gave a lecture about the importance of Sanitary Napkins, the proper way of disposing it, Personal Hygiene.

The human rights department and ‘Peoples Watch ‘jointly organized a one day workshop for the college students on 18.02.2013. The human rights department Coordinator Mr. Henry Diphene headed the programme 10 NSS volunteers from Shrimathi Indira Gandhi College, Trichy, participated in it.

On 19.02.2013 the NSS volunteers went to their adopted villages to convey the message of the WISH FORUM. The message was conveyed by means of Skit, Street play, and speech. The importance of personal and menstrual hygiene, environmental pollution was conveyed. Training was given on the preparation of LOW COST napkin.

On 24.02.13 the NSS units of Shrimati Indira Gandhi College, Trichy, and the Primary Health Centre of Teppakulam branch jointly organized a Polio Drops Camp. The NSS volunteers went to 350 houses to give polio drops and to also stress its importance to the people in the surrounding areas. 20 volunteers participated in this public service.



On 25.02.2013 The NSS Volunteers of Shrimati Indira Gandhi College, Trichy, went to schools for creating awareness on “Women menstrual hygiene Management” among the girl students. The Volunteers conveyed the message of the WISH forum

through skit and street play.

8NSS volunteers from Shrimati Indira Gandhi College , Trichy participated in the One day Workshop organized on the occasion of the Golden Jubilee celebration of the Madras School of Social Work Chennai (28.02.13)

The WISH Forum (Women involved in sanitation and hygiene) of Bharathidasan university Trichy organized an Orientation Programme at Indian Medical Association on 28.02.13 at 5.00. p .m. The Vice-Chancellor of Bharathidasan University Dr. K.Meena, Tamilnadu Medical Committee Member Dr. M.S.Ashraf, Gynecologist Dr.T.Ramani Devi and the NSS Coordinator Mr. L. Ganesan were the guests of the evening programe. 10 NSS volunteers of Shrimati Indira Gandhi College, Trichy participated in the programme.

Ministry of Health and Youth Affairs of India conducted an “Adventure Camp” from 07.03.2013 to 12.03.2013 at Gaughati (Arunachal Pradesh). The selected candidates of the Adventure Camp, attended the meeting held at NSS Office, Bharathidasan University.

The following Students attended the Adventure Camp.

M. Badridevi - I B.Sc CS

R. Vidhya - II B.Sc Bio-Chem



Ministry of Health and Youth Affairs of India conducted a “Mega Camp” from 04.03.2013 to 15.03.2013 at Ranji (Jarkhand). The selected volunteers attended the Mega Camp meeting held at the NSS Office, Bharathidasan University Trichy.

K.Gangadevi- II B.B.A.,

V.Suganya-II B.A Eng., attended the Mega Camp.ow.

On account of the Women's Day (08.03.2013) celebrations Tiruchirappalli Central and Sakthi Rotary Club jointly organized a "Human Chain" on violence against Women from Cauvery Bridge. 50 NSS Volunteers the Programme officers participated in the human chain.