

# National Service Scheme

**SHRIMATI INDIRA GANDHI COLLEGE**  
**(Nationally Re-accredited at 'A' Grade ( 3<sup>rd</sup> Cycle) by NAAC)**  
**Tiruchirappalli – 620 002**

## Special Camp Report 2018 – 2019

The NSS Units (5) of Shrimati Indira Gandhi College, Tiruchirappalli organized the 7 Day Special camp from. **21.02.2019** to **27.02.2019** at 'SEVAI' Centre, Allur. The Inaugural started by 10.00 a.m. on 21.02.2019 **Dr.(Mrs). S.Vidhyalakshmi**, Principal, Shrimati Indira Gandhi College, Tiruchirappalli gave the Inaugural speech.



After the Inaugural, the Volunteers underwent a training programme to prepare themselves for service as a team, so that they learn to involve themselves in service. They were also given a short training session about the do's and don'ts in their presence at the special camp and also the volunteers went to their adopted villages from door to door taking a vivid survey about Sanitation. Daily we have conducted yoga practice from 5.30 a.m. to 7.30 a.m.



In the afternoon session a special lecture programme was organized for the NSS Volunteers. **Mr.S.M.Sivakumar**, Family Welfare Advisor, Tiruchirappalli was the speaker of the session. He gave a special lecture on the topic “**Vazhkkai Vazhvarharke**” to create an awareness in the pshycological way among the

Volunteers. There was an interactive session to clear the doubts regarding the same for the Volunteers. He also insisted many moralistic values such as self confident, to respect parents, facing the difficulties with a positive way in their life by conducting fun games.

The second day (22.02.2019) of the special camp began Temple cleaning and Street Cleaning was done by the NSS Volunteers in all the adopted villages in the forenoon session.





In the same time **Dr.Ruhi Banu**, Harsha Mithra Hospital, Trichy gave the awareness on the topic of “**Cancer**” at Sevai centre, Allur. She explained about the diseases caused for the women such as Breast cancer, cervical cancer etc. and also how to diagnose the disease and how to prevent from these diseases.

In the Afternoon session, a special lecture programme was organized, in which Mr.S.Radhakrishnan, Professor, St.John Ambulance, Tiruchirappalli was the speaker of the session. He gave a special lecture about First Aid and how to prevent and escape from accidents. He also created an awareness among the Volunteers and told them of its importance today. There was an interactive session to clear the doubts regarding first-Aid.



On the third day of the special camp (23.02.2019), the Volunteers gave a demo step by step how to wash the hands and keep it clean and tidy, Personal Hygiene to the village people.

In the afternoon session a special lecture programme was organized for the NSS Volunteers. **Mrs.Mala**

**Jeyaprakash**, Professor in Yoga & Manavalakkalai, World Social Seva Committee, Tiruchirappalli was the speaker of the session. She gave a special lecture on the topic “**Pengalin Nalam Nattin Valam**” and insist the importance of women role, their dedications, services etc in both home & society.



On the fourth day of the special camp (24.02.2019) our NSS Volunteers gave an awareness on ‘Save the Girl Child’ by the Street Play and various competitions were conducted for the village children in the adopted villages and prizes were distributed for the winners in the forenoon session.



In the afternoon session a special lecture programme was organized for the NSS Volunteers. **Dr. (Mrs).T.Karpagam**, Asst.Professor, Dept. of Bio-Chemistry, Shrimati Indira Gandhi College, Tiruchirappalli was the speaker of the session. She gave a special lecture on the topic “**Mangaiyarai Pirappadharke**” such as Menstrual Hygiene to the Volunteers about the use of napkins , healthy way to discard them & the importance of Hygiene to create

awareness among the students and told them of its importance today. There was an interactive session in which volunteers took an active participation by putting many questions to clear their doubts.



The fifth day (25.02.2019) of the special camp began with the Volunteers gave an awareness on Menstrual Hygiene, the proper way to dispose the

Napkin & the importance of segregation on degradable and Bio-degradable wastage to the village people.



2 day training programme was conducted for the Village women on the topic of **“Preparation of Green Bags”** at Union Office, Anathanallur. Around 50 village women were benefited by this programme which was jointly organized by

the Department of Fashion Technology.





In the afternoon session **Mr.R.Pattabiraman**, Public Relation Inspector, Ponmalai Post Office, Trichy gave a valuable ideas on the topic of “**Semippae Sirappu**” . In this he explained about several savings plans such as “ Selva Magal Thittam” etc which exists in Postal Department

and insist the volunteers to save the money right from the childhood.

On the Sixth day(26.02.2019), Tree Plantation & Vegetables saplings were planted in the five adopted villages by the Volunteers. And also our Volunteers conducted a rally on the awareness on “**Drug Abuse**”.



On the same day the training programme was carried out at the same place.



In the afternoon session of the special camp **Mrs.P.Soodamani**, Yoga Instructor, T.V.Kovil, Tiruchirappalli was the resource person. She gave a speech on the topic “Paatti Unavum **Vaithiyamum**”. She spoke about the importance of consuming organic food and to make use of the simple natural food we get and she gave a useful & natural tips.



On the seventh day (27.02.2019) of the camp, Autism awareness given by **Mrs.S.Kayalvizhi**, Psychiatrist & Speech Therapist, Holy Cross Service Society, Trichy at Sevai Centre, Allur. She explained that we can identify the autism child at the age of five. After the diagnosis, we have to take care the children with care and affection.

By the same time a **Patti Mandram** was conducted for the NSS Volunteers on the topic of “**Today’s Technology Development is boon or bane** “. Most of the volunteers participated in this and shared their views.



The Valediction of the special camp started at 3.30 p.m. Our NSS Volunteers gave the welcome address followed by the Annual Report. **Dr.(Mrs).A.Lakshmi Prabha**, NSS Co-ordinator, Bharathidasan University, Tiruchirappalli addressed the Students. She also distributed the prizes to the winners of various competitions held during the special camp. **Dr.K.Govindaraju**, Director of SEVAI, Trichy also appreciated the volunteers for their involvement services. Our Vice-Principal **Dr.(Mrs).M.Remma**, Shrimati Indira Gandhi College, Tiruchirappalli, applauded the NSS Volunteers for the excellent co-operation rendered by them in completing the special camp successfully. The function came to an end with the National Anthem.





