



# SHRIMATI INDIRA GANDHI COLLEGE

(Nationally Accredited at "A" Grade (3rd Cycle) by NAAC)

Chatram Bus Stand, Tiruchirappalli – 620002.

## **1.3.1 Supporting Document Cross Cutting Issues Club Activities**

**GENDER CLUB  
&  
Dr. Muthulakshmi Reddy Women's Empowerment Study Circle**

**GENDER SENSITIZATION ACTION TAKEN PLAN**

S.No	Conducted By	Program Title	Date
2017 - 2018			
1.	Dr. Muthulakshmi Reddy Women's Empowerment Study Circle	Birth Anniversary of Dr. Muthulakshmi Reddy	31-07-2017
2	Gender Club	Swachh Survekshan 2018 'Citizen Feedback Through Online'	06-01-2018
3	Gender Club, Dr. Muthulakshmi Reddy Women's Empowerment Study Circle Tiruchirappalli And Legislature Council	New Model Legal Services Camp And Rights And Welfare Schemes For Women And Children.	30-01-2018
4	Gender Club & Dr. Muthulakshmi Reddy Women's Empowerment Study Circle	Essay Writing And Pencil Sketching Competitions	15-03-2018
2018 -2019			
5	Gender Club & Dr. Muthulakshmi Reddy Women's Empowerment Study Circle	International Day Of Girl Child	11-10-2018
6	Gender Club & Dr. Muthulakshmi Reddy Women's Empowerment Study Circle Gender Club	Essay Writing And Poster Making Competitions	22-03-2019
2019 - 2020			
7	Gender Club & Dr. Muthulakshmi Reddy Women's Empowerment Study Circle	An Awareness Program On Women Empowerment	22-06-2019
8	Dr. Muthulakshmi Reddy Women's Empowerment Study Circle And P.G Research Department Of Social Work	Mental Health For The Aged	27-07-2019
9	Dr. Muthulakshmi Reddy Women's Empowerment Study Circle	133 <sup>rd</sup> Birthday Celebration Of Dr Muthu Lakshmi Reddy	30.07.2019
10	Gender Club & Student Counselling Centre	Stress Management	21-09-2019

11	Gender Club, Department Of English And Tamil	Group Discussion On Women Empowerment And Gender Justice	30-09-2019
11	Gender Club & Dr. Muthulakshmi Reddy Women's Empowerment Study Circle	Debate On Women Are Better Communicators	12-10-2019
12	Gender Club & Student Counselling Centre	A Program On Adjustment Problems	04-01- 2020
13	Gender Club & Dr. Muthulakshmi Reddy Women's Empowerment Study Circle	Essay Writing Competitions On International Trends In Women's Empowerment	25-01-2020
14	Gender Club & Dr. Muthulakshmi Reddy Women's Empowerment Study Circle	Poster Making Competition On Significance Of National Identity Symbols	08-02-2020
2020 - 2021			
15	Gender Club & Dr. Muthulakshmi Reddy Women's Empowerment Study Circle	A Lecture Program On Sexual Harassment And Motivation For A Successful Life	12-10-2020
16	Gender Club & Dr. Muthulakshmi Reddy Women's Empowerment Study Circle	Essay Writing Competition On Gender Inequality In The Modern Family	23-02-2021

Gender Club  
&  
Dr. Muthulakshmi Reddy Women's Empowerment Study Circle  
Birth Anniversary of Dr. Muthulakshmi Reddy  
31.07.2017



Swachh Survekshan 2018 Citizen Feedback Through Online  
06.01.2018



New Model Legal Services Camp and Rights and Welfare Schemes for Women and Children  
on 30.01.2018



Essay Writing and Pencil Sketching Competitions 15.03.2018



International Day of Girl Child 11-10-2018



Essay Writing and Poster Making Competitions 22-03-2019



An Awareness Program on Women Empowerment on 22.06.2019



## Mental Health for the Aged -27-07-2019



## 133rd Birthday celebration of Dr Muthu Lakshmi Reddy 30.07.2019



## Stress Management on 21.09.2019





## Group Discussion on Women Empowerment AND Gender Justice-30-09-2019



## Debate on Women are better communicators -12-10-2019



## A program on Adjustment Problems -04-01- 2020



## Essay Writing Competitions on International Trends in Women's Empowerment

25-01-2020



Poster Making Competition on Significance of National Identity Symbols  
08-02-2020



A lecture Program on Sexual Harassment and Motivation for a Successful Life



Essay Writing Competition on Gender Inequality in the Modern Family  
on 23.02.2021



**GENDER CLUB**  
**and**  
**DR. MUTHULAKSHMI REDDY WOMEN'S EMPOWERMENT**  
**STUDY CIRCLE**  
**of**

**Shrimati Indira Gandhi College**

(Nationally Accredited at 'A' grade (3<sup>rd</sup> Cycle) by NAAC)

Tiruchirappalli – 620 002

Cordially invite you for a

**Lecture Programme**

On

**“VIOLENCE AGAINST WOMEN”**

By

**Dr. K. Shenbaham**  
**Assistant Professor,**  
**Department of Social Work,**  
**Shrimati Indira Gandhi College,**  
**Trichy -02**

**Date: 16.03.2021**

**Time: 10.00 AM to 11.00AM**

**Venue: Rajan Block**

**Gender club & Dr.MuthuLakshimi Reddy Women's Empowerment Study Circle of Shrimati Indira Gandhi college** jointly organized a programme on Violence Against Women for II BCom students on 16/03/2021 at 10am -11am. DR.K.Shenbaham, HOD of MSW Department invited as a resource person. The resource person started her speech by highlighting despite the mark of progress and development in the 21st century; violence against women continues to thrive in many forms and at different levels. She explained about the increasing threat of sexual abuse among children, adolescents and young women which make them more vulnerable and curtails their right to freedom. She even added that the Parents are even much afraid to send their children to explore the world and their career prospects are curtailed or limited. So their personal dreams are shattered and they are prevented from utilizing their full potential. She explained about types of violence like physical, sexual, psychological and also about online or digital violence like cyber bullying non-consensual Sexing and doxing. All the students were actively participated and were highly benefited.



**GENDER CLUB**  
**and**  
**DR. MUTHULAKSHMI REDDY WOMEN'S EMPOWERMENT**  
**STUDY CIRCLE**  
**of**

**Shrimati Indira Gandhi College**

(Nationally Accredited at 'A' grade (3<sup>rd</sup> Cycle) by NAAC)

Tiruchirappalli – 620 002

Cordially invite you for a

**Lecture Programme**

on

**“EMPOWERMENT OF WOMEN”**

By

**Ms. A. Subha M.A., M.Phil., B.Ed.,**

**Assistant Professor,**

**Department of English,**

**Shrimati Indira Gandhi College,**

**Trichy -02**

**Date: 22.07.2021**

**Time: 10.30 AM to 11.30AM**

**Venue: Rajan Block**

**Gender club & Dr.MuthuLakshimi Reddy Women's Empowerment Study Circle of Shrimati Indira Gandhi college** jointly organized a programme on Empowerment of Women for II BBA students on 22/07/2021 at 10.30am -11.30am. **Ms. A. SUBHA M.A., M.PHIL., B.Ed**, of English Department invited as a resource person. The resource person started her speech by highlighting despite the mark of process by which women gain power and control over their own lives and acquire the ability to make strategic choices. They can have equal rights to participate in education, society, economic, and politics. And then they are allowed to have higher education and treated in the way like men. He labels empowerment as a developmental process which includes four stages; entry, advancement, incorporation, and commitment. The entry stage appears to be motivated by the participant's experience of some event or condition threatening to the self or family. Today, more than ever, women are enjoying freedom. They can decide on their own, however, there is a long way to go. Women must protest against the use of religion to suppress them. Not all military positions are open to females. There is a wage gap in the film industry, in sports and normal jobs. The women need to use their hard-earned power to banish all the injustices that they have been facing for time immemorial. All the students were actively participated and were highly benefited.





**GENDER CLUB**  
**and**  
**DR. MUTHULAKSHMI REDDY WOMEN'S EMPOWERMENT**  
**STUDY CIRCLE**  
**of**

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Tiruchirappalli – 620 002

Cordially invite you for a

**Lecture Programme**

on

**“MAJOR CHALLENGES WOMEN FACE  
AT WORKPLACE”**

By

**Ms. S. Durga devi M.A., M.Phil.,**

**Assistant Professor,**

**Department of English,**

**Shrimati Indira Gandhi College,**

**Trichy -02**

**Date: 24.01.2022**

**Time: 10.30 AM to 11.30AM**

**Venue: MCA Block**

**Gender club & Dr.MuthuLakshimi Reddy Women's Empowerment Study Circle of Shrimati Indira Gandhi college** jointly organized a programme on major challenges Women face at work place for II CS students on 24/01/2022 at 10.30am -11.30am. **Ms. S. DURGADEVI M.A., M.PHIL., Assistant Professor** Department of English was the resource person. The resource person started her speech by highlighting the present scenario of women in workplace ,various kinds of difficulties and a challenges they face in workplace such as supressment, Sexual Harrassment,lack of respect ,lack of career growth, pay disparity etc.. she also explained each and every aspect in a detailed manner. Then she stressed that women should come forward and voice out boldly whenever they face any kind of injustice, because women also have equal rights in every field like education, society, economic and politics. Women should not be ignorant at any cost and education is a weapon to beat all kinds of injustice. Around seventy students actively participated and benefited through this program.



**GENDER CLUB**  
**and**  
**DR. MUTHULAKSHMI REDDY WOMEN'S EMPOWERMENT**  
**STUDY CIRCLE**  
**of**

**Shrimati Indira Gandhi College**

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Tiruchirappalli – 620 002

Cordially invite you for a

**Lecture Programme**

on

**“SEX DISCRIMINATION IN MARRIAGE”**

By

**Ms. A. Subha M.A., M.Phil., B.Ed.,**

**Assistant Professor,**

**Department of English,**

**Shrimati Indira Gandhi College,**

**Trichy -02**

**Date: 10.03.2022**

**Time: 09.30 AM to 10.30AM**

**Venue: MCA Block**

**Gender club & Dr. MuthuLakshmi Reddy Women's Empowerment Study Circle of** Shrimati Indira Gandhi college jointly organized a programme on major Sex Discrimination In Marriage for II CS students on 10/03/2022 at 9.30am -10.30am. **Ms . A.SUBHA M.A., M.PHIL., B.ED, Assistant Professor** Department of English was the resource person. She commenced her lecture by defining the term sex discrimination role of equality act in sex discrimination etc.. Then she thoroughly discussed about, what is Direct discrimination?. Indirect discrimination victimization etc. Then she described clearly about age discrimination, religious discrimination, Disability discrimination, Familial status discrimination in detail. Finally she narrated about how to deal with these kinds of discrepancies and various Indian Laws pertaining to it. Thus the program was highly useful to the students and around seventy students got benefited through it.



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An ISO 9001:2015 Certified Institution

TIRUCHIRAPALLI – 620 002

## **CITIZEN CONSUMER CLUB**

2017-2018

S.NO	EVENT	DATE
1	Consumer Awareness Program related to Download Swatchhata App	4.1.2018
2	Citizen Feedback through Online related to Swatchhata App	5.1.2018
3	Consumer Awareness Program related to Download Swatchhata App	6.1.2018
4	Awareness Program related to Child Abusement	30.1.2018
5	Consumer Awareness Competition & Price Distribution	29.3.2018

2018-2019

S.NO	EVENT	DATE
1	Consumer Awareness Competition & Price Distribution	25.3.2019

2019-2020

S.NO	EVENT	DATE
1	Competition related to Consumer Protection	15.2.2020
2	National Consumer Protection Day	26.2.2020

2017-2018

Awareness Program related to Child Abusement



2017-2018 Consumer Awareness Competition & Prize Distribution



2018-2019

Consumer Awareness Competition & Prize Distribution



# Nature club & Exnora

**2019-2020**

<b>S.No</b>	<b>Event</b>	<b>Date</b>
1.	Green Day	31.08.2019
2	<b>“Eco Friendly Initiatives”</b> (IQAC in association with Exnora and Nature club)	21.09.2019
3	<b>“Seedling Day”</b> (Exnora, Nature club & Department of Biochemistry and Microbiology, Shrimati Indira Gandhi College organized)	27.07.2019
4	<b>“Terrace Gardening”</b> (Exnora & Nature club of Shrimati Indira Gandhi College Organized)	04.01.2020

**2021-2022**

<b>S.No</b>	<b>Event</b>	<b>Date</b>
	<b>World Environmental Health Day</b> (Students’ Exnora and Nature club of Shrimati Indira Gandhi College Organized)	26.09.2021



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Tiruchirappalli – 620 002

## **STUDENTS’ ExNoRa**

Cordially invite you for the

## *“Green Day”*



**Date: 31.08.2019 (Saturday)**

**Time: 10.30 a.m. onwards**

**Venue: RV Auditorium**

**SHRIMATI INDIRA GANDHI COLLEGE**  
Tiruchirappalli – 620 002  
**(Nationally Accredited at “A” Grade (3<sup>rd</sup> Cycle) by NAAC)**

**STUDENTS’ ExNoRa**

**“Green Day”- Report**  
**Date: 31.08.2019**

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Green is the colour of life, renewal nature and energy. It is associated with meaning of growth, harmony freshness, safety and environment. In the present modern era human activities like deforestation, industrialization, technological improvements and so many are leading our environment towards danger and keeping lives at risk by influencing the growth, development and survival of all organisms. So, it is our duty to promote the young minds especially students to keep our environment clean and green.

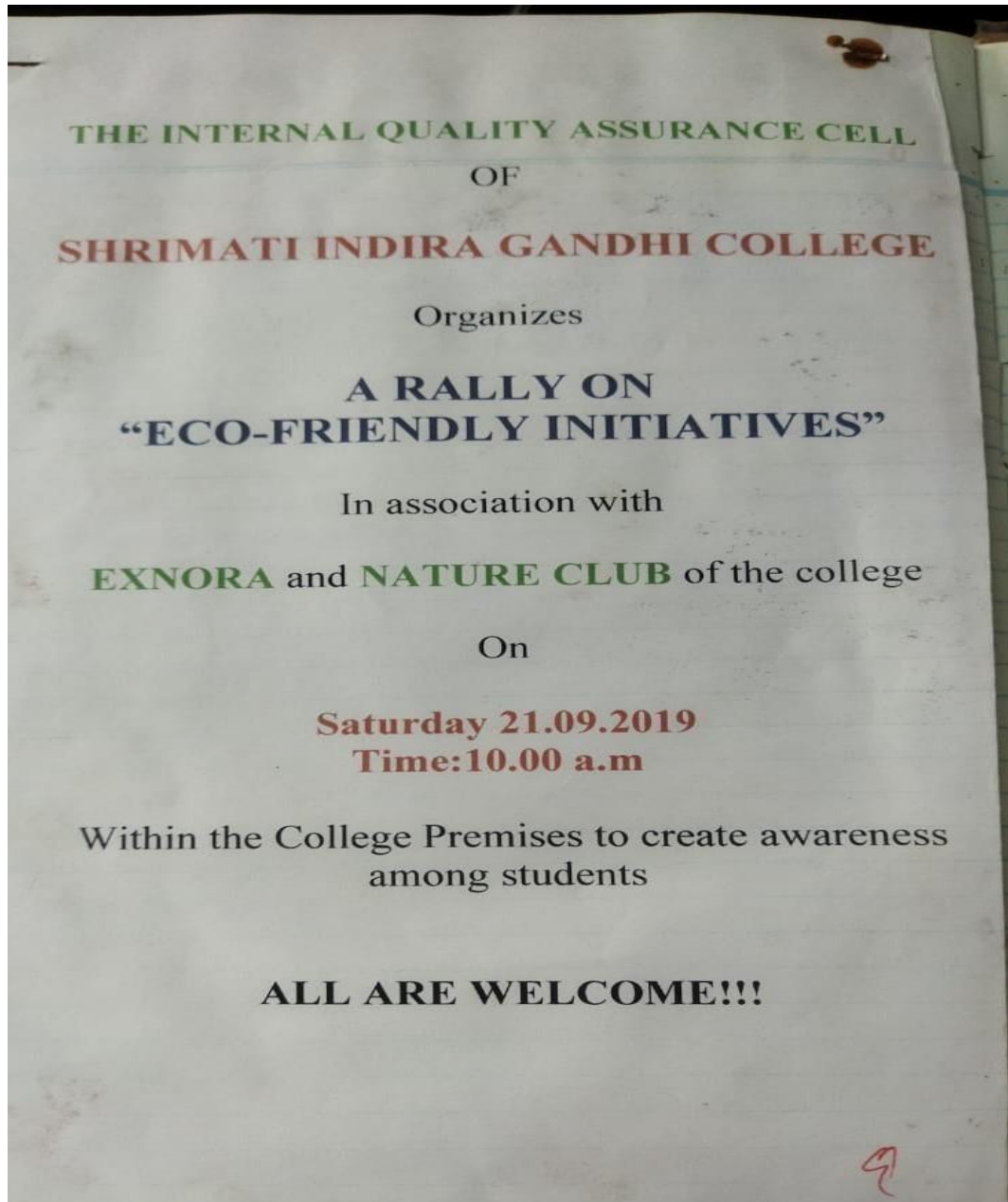
Keeping this in view, “Green day” was celebrated with great zeal and enthusiasm by the “Nature club” students of Shrimati Indira Gandhi College on August 31 st 2019. All the students and staff in-charges of the “Students’ ExNoRa” was dressed in pretty green attires and looked ecofriendly.

The students brought eco-friendly products such as jute bags, banana leaves and paper bags. They also brought green snacks, eatables and food made from green leafy vegetables. The students were explained about the hazards of synthetic products that pollute mother nature and that they may use alternative eco-friendly products. They were also explained about the ill-effects of unhealthy fast foods and junk foods & the importance of natural foods particularly greens. A total of 60 students participated in the event. The programme was an eye opener for the students who have taken the responsibility to contribute towards the nature and flourishing green environment.

**“Eco Friendly Initiatives”**

(IQAC in association with Exnora and Nature club)

21.09.2019



# SHRIMATI INDIRA GANDHI COLLEGE

TIRUCHIRAPALLI - 620 002.

## MINUTES REGISTER

131

Date : 21.09.19  
Topic : A Rally on "Eco Friendly Initiatives"

All I year & II year undergraduate students participated in the rally. Students were asked to dress in 5 different colours. 20 students formed human chain on the sides of the pathway from canteen to office around 500 students formed 5 rows of hundred and carried banners of IQAC, EXNORA & NATURE CLUB. Some students carried placards with slogans & called out the slogans both in English & Tamil. Other students repeated the slogans. This was followed by oath taking by the students to adopt and continue the eco-friendly practices. The slogan insisted on pollution control deforestation, water conservation and avoid of plastics. The program was arranged to create awareness among the students.

## **“Seedling Day”**

(Exnora, Nature club & Department of Biochemistry and Microbiology,  
Shrimati Indira Gandhi College organized)

27.07.2019

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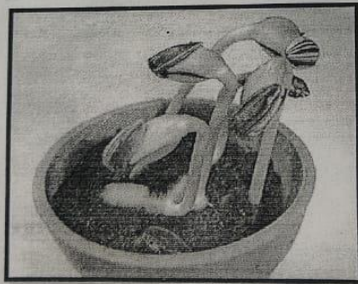
**DEPARTMENT OF BIOCHEMISTRY AND  
MICROBIOLOGY**

**NATURE CLUB & STUDENTS’ EXNORA**

Cordially invite you for the

**“Seedling Day”**

**Thought For The Day - Plant A New Life**



**Date: 27.07.2019 (Saturday)**

**Time: 10.30 a.m.**

**Venue: K Block Garden**

**"SEEDLING DAY"**

DATE : 27.07.2019

VENUE : K Block Garden

In the present scenario, water scarcity is a major problem in Tamil nadu. This is because of low rainfall in the past years due to deforestation and urbanization. So there is a need to create awareness among the new generation especially young students about acute water shortage and the need for self-sustainment and reforestation.

Keeping this in view, The Department of Biochemistry and Microbiology, Nature club and Student's Exnora of Shrimati Indira Gandhi College organized a programme "Seedling Day" at K block Garden on 27.07.2019.

The students of Biochemistry and Microbiology, Nature Club and Student's Exnora actively involved in the preparation of seed balls. Seed ball has mixture of soil, seed and compost. The variety of natural seeds like black berry (naval tree), ficus, ashoka, neem, mango, tamarind, kari, guava, Sapodila, custard apple were covered with a mixture of clay and other ingredients. Then the seed balls were dried to avoid fungal contamination. Some of the prepared balls were scattered in the K block garden while other balls will be later scattered in the fields. The programme was an eye opener for the students who have taken the responsibility to contribute towards the nature and flourishing green environment.

Staff Coordinator  
I. A. Durgam

## **“Terrace Gardening”**

(Exnora & Nature club of Shrimati Indira Gandhi College Organized)

04.01.2020

**SHRIMATI INDIRA GANDHI COLLEGE**

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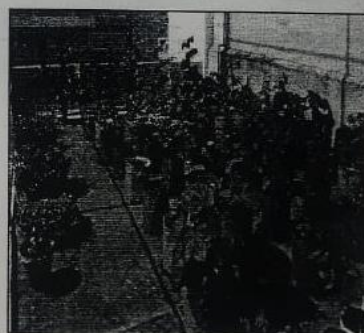
Tiruchirappalli – 620 002

**DEPARTMENT OF BIOCHEMISTRY**

**NATURE CLUB & STUDENTS’ EXNORA**

Cordially invite you for the

***“Terrace Gardening”***



**Date: 04.01.2020 (Saturday)**

**Time: 10.30 a.m.**

**Venue: VG Block Terrace**

# SHRIMATI INDIRA GANDHI COLLEGE

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Tiruchirappalli – 620 002

**STUDENTS’ ExNoRa**

**Cordially invite you for the**

***“World Environmental Health Day”***



**Date:** 26.09.2021

**Time:** 10.30 a.m. onwards

**Venue:** SIGC Campus



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Tiruchirapalli – 620 002

## YOUTH RED CROSS 2017 -2018

	Date	year	Activity
1	29.06.2017	2017	Rally for "International day against drug abuse and illicit trafficking"
2	26.08.2017	2017	Lecture cum demonstration programme on "fire safety"
3	04.01.2018	2018	Awareness programme on "swatchtha app download"
4	05.01.2018	2018	Awareness programme on "swatchtha app download"
5.	06.01.2018	2018	Awareness programme on "swatchtha app download"
6.	12 <sup>th</sup> &13.02.2018	2018	Two days work shop on first aid

### 1. "International day against Drug Abuse and Illicit trafficking"

On 29<sup>th</sup> June 2017 60 NSS volunteers and YRC students are participated in the rally for "International day against Drug Abuse and Illicit trafficking" organised by Tamilnadu Police and Red Cross Society, Trichy. The rally started at St. Joseph Vestry Hr. Sec. School and ended at Railway station Trichy.

### 2. "Fire Safety"

On 26<sup>th</sup> August 2017 a lecture cum demonstration program on "Fire Safety" was conducted by youth red cross of Shrimati Indira Gandhi College in YVD a/c seminar Hall (MCA Block).

The resource person was Mr A. Thanapal, M.A, G.I.F.Er.(India), M.I. Fire Er. (London) station office Fire & Rescue station, Trichy. He explained about the various categories of fire and its causes. He stressed on the various precautions to be taken while working near fire places. Further he highlighted the various fire accident occurring at various places due to the carelessness of the people and fire may affect the skin, epidermis and also the bone.

Mr. A. Thanapal and his team demonstrated about safeguarding ourselves from gas leakage accidents. They also explain about out escape from fire accidents and earthquake situations and from a room filled with fire smoke. The team demonstrated how to control the fire using water and phone. More than 200 students belonging to various departments of our college actively participated and learn a lot from this program.

3. "Swatch Bharath"
4. "First Aid"



## 2018 -2019

S.No	Date	Year	Activity
1.	26.06.2018	2018	Rally for "International day against drug abuse and illicit trafficking"
2.	04.07.2018	2018	Power point presentation on "mission Uyyakondan"

### 1. "International day against Drug Abuse and Illicit trafficking"

On 26th June 2018 hundred NSS volunteers and YRC students were participated in the rally for "International day against drug abuse and illicit trafficking" organised by Indian Red Cross Society Tiruchirappalli. The rally flagged off by the Trichy city Police Commissioner Dr.A. Amalraj IPS. The rally started at St John's Vestry Anglo Indian Higher Secondary School through major Saravanan circle and ended at railway station Trichy.

### 2. "Mission Uyyakondan"

On 4th July 2018 around 300 students from NSS, YRC Rotaract and Exnora attended an awareness program on Mission Uyyakondan. Dr. Narasimha Rao orthopaedic surgon gave a lecture on Mission Uyyakondan. He explained about how to save our water resources and how to dispose wastage without spoiling water resources. He created an awareness among the students about "My City - My Duty" through his PowerPoint presentation on Mission Uyyakondan.

## 2019 – 2020

S.No	Date	Year	Activity
1.	26.06.2019	2019	Rally for “International day against drug abuse and illicit trafficking”
2.	08.02.2020	2020	Power point presentation on awareness of “Novel corona virus”



Sub: Sending report for the Corona virus awareness programme reg....

Ref No: 1511/M/2020 Dated : 03.02.2020

With reference to your letter we wish to send the report for the Corona virus awareness programme. On 08.02.2020 a powerpoint presentation was jointly organized by NSS and YRC of Shrimati Indira Gandhi College, Trichy at 12.30p.m -2.00 p.m at R.V. Auditorium.

The resource person was Ms.D.Lakshmi, M.A., M.Phil., Assistant Professor of English, Shrimati Indira Gandhi College, Trichy. She explained about the cause, symptoms and impacts of corona virus in detail. She also gave stress on the various preventive measures to be taken during the time of emergency.

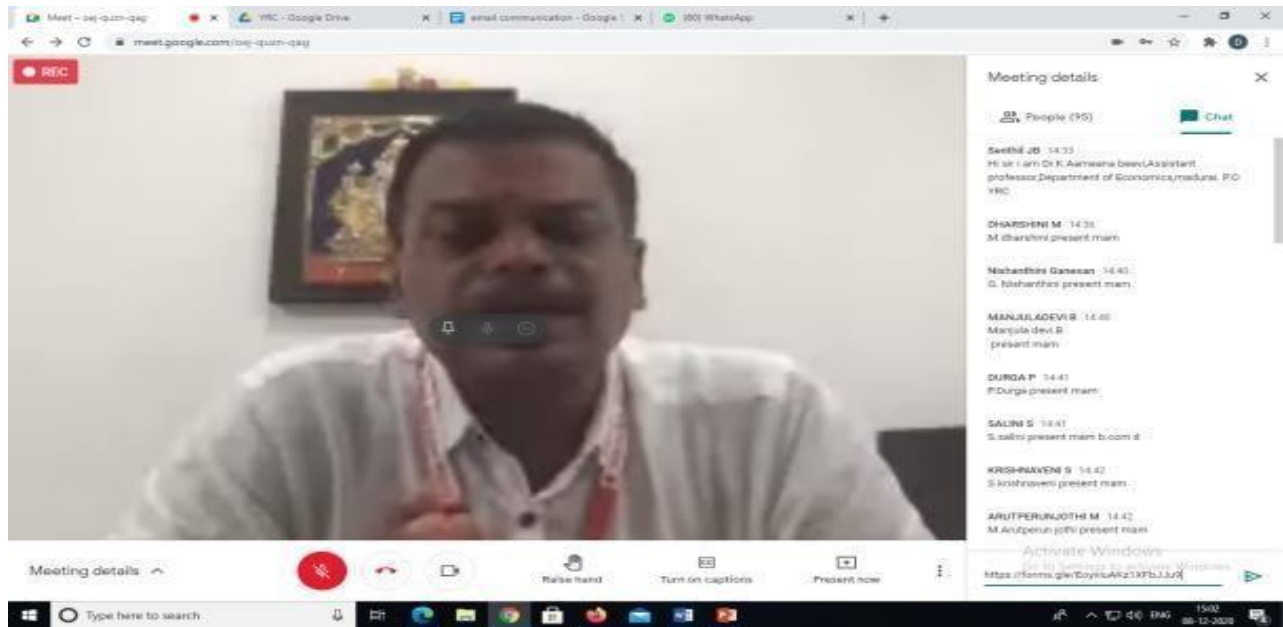
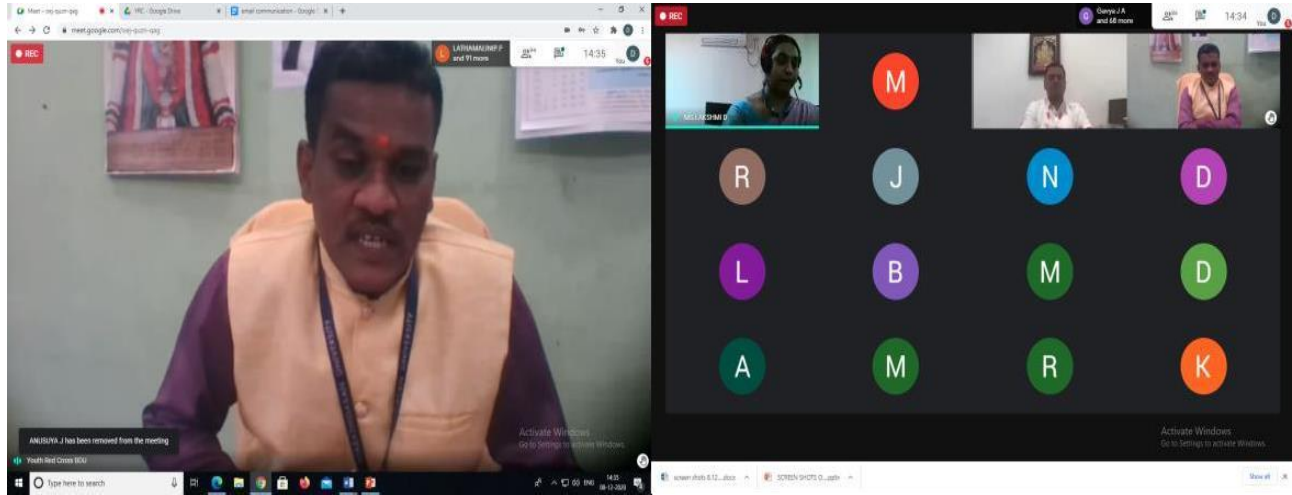
Further she highlighted that germs may affect the respiratory tract WBC and Kidneys. So she insisted the importance of frequent hand wash with an alcoholic hand rub and to avoid semi-cooked meat and preserved foods. She also explained the initiatives taken by the government to eradicate the epidemic. Finally she concluded that each and every person must be aware of disastrous effects of “corona virus” and to create awareness among their friends and society.

Phamplets were also distributed to the students to create immediate awareness.



## 2020 – 2021

S.No	Date	Year	Activity
1.	08.12.2020	2020	Inauguration & orientation programme for YRC volunteers (webinar)



## 2021 -2022

S.No	Date	Year	Activity
1.	25.11.2021	2021	Vaccination camp
2.	09.05.2022	2022	Awareness programme in commemoration on world red cross day seminar – Health in your hands





# SHRIMATI INDIRA GANDHI COLLEGE

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Tiruchirappalli - 620 002

## **+** YOUTH RED CROSS

Organizes an Awareness Programme in commemoration of

May 08, 2022



**WORLD  
RED CROSS  
DAY**

"A kind gesture can reach a wound that only compassion can heal"

on

**"HEALTH IN YOUR HANDS"**



**Dr. R. Sughumar** BNYS., D.Acu.,M.S., (Psy),

Naturopathy & Yoga, Su-Jok, Acupuncture Consultant  
SHRI JAYARANGHA, Nature Cure Hospital & Yoga Research Center



**Dr. Jebashiniya Dolly** BNYS

Training Doctor, SHRI JAYARANGHA,  
Nature Cure Hospital & Yoga Research Center



May 09, 2022



01.45 p.m. to 02.45 p.m.



Y. Venkateswara Dikshithar  
A/C Seminar Hall

Shri Thotta P.V. Ramanujam  
President

Dr. K. Meena  
Secretary

Shri K. Chandrasekharan M.S.,  
CEO

Smt. S. Aparna M.B.A., M.Phil.,  
Director



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