

Community Pongal



PG & Research Department of Social Work ,Shrimati Indira Gandhi College, Trichy organized an Out reach programme as celebrated the **community Pongal 11.01.2021** at Sangenthi in **Lalgudi** , Trichy. 40 Students and 5 faculty members along with the community people happily celebrated this memorable event.

Psychological Well being & Life Skills



PG & Research Department of Social Work ,Shrimati Indira Gandhi College, Trichy organized a programme on **“Psychological Well being & Life Skills“**. In this programme the resource person gave an speech about how to overcome from stress, outcome of stress and also motivated the students to express gratitude, reading books etc. on **07.04.2021**