Shrimati Indira Gandhi College
(Nationally Re-accredited at ‘A’ Grade by NAAC)
Tiruchirappalli-2

NSS
National Service Scheme
NATIONAL SERVICE SCHEME

MILES the brain child of the NSS Units of SHRIMATI INDIRA GANDHI COLLEGE, TRICHY bloomed to render service to the public through its activities. 5 Units of 500 volunteers, 5 programme officers ever ready to render service to the public with the motto “MILES”. Such awareness is brought out by means of Menstrual and Personal Hygiene advocated to the women of the adopted villages to lead a healthy and hygienic life. In addition, Income oriented programmes are conducted by means of training and workshops to improve their way of living. Literacy programmes are conducted in the adopted villages where computer Literacy is brought about through IT ON WHEELS to make them familiar with the computer technology engulfing the world today. Environmental programmes are also conducted for protecting our Mother Earth to keep it free from pollution and destruction. Finally, Social awareness are also given by the National Service Scheme, where several rallies are conducted for the public to make them aware of things known to them but not taken care of. Thus bloomed “MILES” - the Motto of the NSS Units of Shrimati Indira Gandhi College, Trichy. This is implemented and stressed by the NSS units wherever and whenever they go for community service, thus enhancing the livelihood of the people in the rural areas. They also advocate the theme or the motto of “MILES” wherever they go, trying to grab the opportunity and render service to the society for a better march towards the future.
Our Motto

M- Menstrual and Personal Hygiene

I- Income Generation

L- Literacy and Training

E- Environmental Awareness

S- Social Awareness
M - MENSTRUAL AND PERSONAL HYGIENE:

- On 18.07.2009 - The National Service Scheme, of Shrimati Indira Gandhi College, Trichy, organized a Lecture Programme on “Hygienic Practices for Adolescents” by Mrs. M.Sumithra, Principal, Karpaga Vinayaga College of Nursing, Pudukkottai. 500 NSS volunteers of Shrimati Indira Gandhi College, Trichy, participated in the programme.

- On 20.08.2009 - Inauguration of “Anemia Detection Camp” on the eve of Rajiv Gandhi’s Birthday by Dr.K.Meena, Principal, Shrimati Indira Gandhi College Trichy and Dr. M.S. Ashraf, President I.M.A ,Trichy. 300 NSS volunteers of Shrimati Indira Gandhi College, Trichy participated in the programme and were benefitted.

- On 24.12.2009 - The National Service Scheme, of Shrimati Indira Gandhi College, Trichy, and the Front Line Hospital, Trichy jointly organized a Free Medical Camp (General Ailments) at Government Primary School Mutharasanallur. The camp was conducted for the people of the adopted villages Mutharasanallur and MurungapetttaiandKambarasampettai who were the beneficiaries of the programme.

- On 03.10.2010 -The National Service Scheme, of Shrimati Indira Gandhi College, Trichy and Dr.Senthil Kumar and Team jointly organized a Free Medical Camp (Eye Camp) at Government Primary School. The camp was conducted for the people of the adopted villages Kavalkarapalayam, Thiruvalluvar Nagar, KamanayakkamPalayam, Pazhankaveriand PazhaiyurMedu who were the beneficiaries of the programme.

- On 07.09.2012 - The National Service Scheme of Shrimati Indira Gandhi College, Trichy, conducted an awareness programme on “Personal Hygiene and Health Care” by Dr.S.Chitra,Lalitha Nursing Home,Trichy. 500 NSS volunteers of Shrimati Indira Gandhi College, Trichy, who attended the programme were the beneficiaries.

- On 05.02.2013 - “WISH FORUM” -The National Service Scheme of Shrimati Indira Gandhi College Trichy and Bharathidasan University, Trichy jointly organized an activity on “Preparation of Low Cost Napkins” by Ms.Thilagavathy, Self Help Group, Trichy, for the NSS volunteers (500) of Shrimati Indira Gandhi College, Trichy. 500 the volunteers who attended the programme were benefitted.
M - Menstrual and Personal Hygiene:

18.07.2009
Mrs. M. Sumithra
Hygienic Practices for Adolescents

20.08.2009
Dr. M.S. Ashraf
Anemia Detection Camp

Front Line Hospital
Medical Camp - General Ailments

03.10.2010
Dr. Senthil Kumar & Team - Eye camp

07.09.2012
Dr. S. Chitra
Personal Hygiene and Health Care

05.02.2013
WISH FORUM
Preparation of Low Cost Sanitary Napkins
I- INCOME GENERATION:

- On 26.12.2009 - "Thatched Roofing" - One day workshop was conducted in the adopted villages Kavalkarapalayam and Thiruvalluvar Nagar by The National Service Scheme, of Shrimati Indira Gandhi College, Trichy. The people of these two villages were the beneficiaries.

- On 06.01.2012 - “Mat weaving” - One day camp was conducted by The National Service Scheme, of Shrimati Indira Gandhi College, Trichy, in the adopted villages Pazhankaveri and PazhaiyurMedu. The people of these two villages attended the programme and were benefitted.

- On 01.10.2010 - the Self-help groups of the adopted villages Kavalkarapalayam, and Thiruvalluvar Nagar were given “Arts and Crafts Training” by the volunteers of The National Service Scheme, of Shrimati Indira Gandhi College, Trichy. They taught them easy handicrafts which would provide them an opportunity to earn while at home. The people of these two villages were the beneficiaries.

- On 04.01.2014 - “Paper Bag Making” - One day camp was conducted by The National Service Scheme, of Shrimati Indira Gandhi College, Trichy, in the adopted villages PerugamaniPazhaiyur, Malaiyappa Nagar and SirugamaniAgraharam. The people of these villages were the beneficiaries.
1 - INCOME GENERATION:

**Thatched Roofing**

**Arts and Crafts Training to the Self Help Group of Kavalkarapalayam**

**Mat Weaving Training**
- 01.10.2010

**Paper Bag Making**
- 06.01.2012

**Thiruvalluvar Nagar**
- 04.01.2014

**Pazhankaveri**

**Sirugamani Agraaram**
L- LITERACY AND TRAINING:

- On 28.10.2009 - the National Service Scheme of Shrimati Indira Gandhi College, Trichy organized a “Skill Development Programme” at Shrimati Indira Gandhi College, Trichy – Dr. K. Meena, Principal of the college and Chair Person, Education and Skill Development Panel of the CII delivered the Keynote address. 250 NSS volunteers of Shrimati Indira Gandhi College, Trichy participated in the programme and were benefitted.

- On 18.08.2010 - The NSS collaborated with the Department of Computer Science for the creation of “Computer literacy Awareness Programme” at Government Higher Secondary School, Thandalaiputhur under the name IT on Wheels. The student participants of Government Higher Secondary School, Thandalaiputhur were the beneficiaries.

- On 04.10.2010 - The NSS collaborated with the department of Computer Science for the creation of “Computer Literacy and awareness Programme” at Ratna Higher Secondary School Pettavaithalai, under the name “IT on Wheels”. The student participants of Ratna Higher Secondary School Pettavaithalai, were the beneficiaries.

- On 31.09.2012 - The PG and research Department of Computer Science, Information Technology and Applications and the National Service Scheme of Shrimati Indira Gandhi College, Trichy jointly organized a Social Outreach Programme on “Computer Literacy Awareness” at Government Higher Secondary School, Inungur. Ms. Viji Parthasarathy and Ms. M. Kiruthika Lecturers, Department of Computer Science, were the resource persons. The student participants of Government Higher Secondary School, Inungur were the beneficiaries.

- On 02.09.2013 - “Competitions” - (Sadbhavana Day) The National Service Scheme, Shrimati Indira Gandhi College Trichy conducted competitions in the adopted villages, PerugamaniPalayam and PerugamaniPazhaiyur. The student participants of these villages were the beneficiaries.
LITERACY AND TRAINING:

- Computer Literacy Awareness - Thandalaiputhur
  - 18.08.2010

- Computer Training - Inungur
  - 31.09.2012

- Skill Development Programme - Campus
  - 28.10.2009

- Computer Literacy Awareness - Pettavaithalai
  - 04.10.2010

- Competitions - PerugamaniPazhaiyur
  - 02.09.2013
E- ENVIRONMENTAL AWARENESS:

- On 30.06.2009 - A Special Lecture programme on “Environmental Protection” by Mr. E.Paul Guna Loganathan Managing Director, Sneham Charitable Trust, Trichy, was conducted for the NSS volunteers by The National Service Scheme of Shrimati Indira Gandhi College Trichy. 250 volunteers who attended the programme were the beneficiaries.

- On 16.09.2011 - “Ozone Protection Day” The National Service Scheme of Shrimati Indira Gandhi College, Trichy, organized an awareness programme - issuing of handbills to the staff members and students of Shrimati Indira Gandhi College, Trichy for creating the awareness. The staff and the students of Shrimati Indira Gandhi College, Trichy were the beneficiaries.

- On 26.11.2010 - An awareness programme on “Green Revolution” was conducted by the NSS Units of the Bharathidasan University, Premier Lion’s Club of Trichy and the NSS Units of Shrimati Indira Gandhi College, Trichy. 150 NSS volunteers of Shrimati Indira Gandhi College, Trichy who attended the programme were the beneficiaries.

- On 18.06.2011 - A One day camp on the awareness on “World Environment Day” was conducted by the National Service Scheme of Shrimati Indira Gandhi College, Trichy, in the adopted villages Kavalkarapalayam, Thiruvalluvar Nagar, Kamanayakkam Palayam, Pazhankaveri and Pazhaiyur Medu. The people of these villages who attended the programme were the beneficiaries.

- On 14.07.2012 - The National Service Scheme of Shrimati Indira Gandhi College, Trichy conducted a Special Demonstration programme on “Disaster Management” by Mr. R. Narayana Samy, Shri Sathya Sai Institutions, Trichy. 500 NSS volunteers of Shrimati Indira Gandhi College, Trichy were the beneficiaries.
E-ENVIRONMENTAL AWARENESS:

30.06.2009
Mr. E.PaulGunaloganathan
Environmental Protection

16.09.2011
Ozone - Protection - Campus

26.11.2010
Green Revolution

DR.K.MEENA
Former Vice Chancellor of Bharathidasan University

18.06.2011
World Environment Day - Thiruvalluvar Nagar

14.07.2012
Mr.R.NarayanaSamy
DisasterManagement
S – SOCIAL AWARENESS:

- On 01.10.2009 - The National Service Scheme of Shrimati Indira Gandhi College, Trichy, G.Viswanathan Hospital, Trichy. S.T.V. and Dinamalar organized a rally for the “Awareness of Breast Cancer”. 250 NSS volunteers of Shrimati Indira Gandhi College, Trichy, participated in the rally.

- On 29.03.2010 - Rally for the “Eradication of Leprosy”, flagged off by the District Collector, Thiru T. Soundaiah I.A.S Trichy. 150 NSS volunteers of Shrimati Indira Gandhi College, Trichy, participated in the rally.

- On 02.07.2011 - “The International Day against Drug Abuse and Illicit Trafficking” rally organized by Kajahmalai Women’s Club and De addiction Department of police. 100 NSS volunteers of Shrimati Indira Gandhi College, Trichy, participated in the rally.

- On 30.09.2011 - Rally organized by the Trichy District Corporation for “Voters Awareness Rally”, flagged off by the District Collector Ms. JeyashriMuralidaran, I.A.S Trichy. 150 NSS volunteers of Shrimati Indira Gandhi College, Trichy, participated in the rally.


- On 06.08.2014 - “Organ Donation” rally organized by Cethar Hospitals, Trichy. 300 NSS volunteers of Shrimati Indira Gandhi College, Trichy, participated in the rally.
S – Social Awareness:

Rally for Creating Awareness among the Public

- Violence against women – 08.03.2013
- Breast Cancer – 01.10.2009
- Eradication of Leprosy – 29.03.2010
- Organ Donation – 06.08.2014
- Voters Rights – 30.09.2011
- Drug Abuse – 02.07.2011
Breast Feeding Week (1st Aug to 8th Aug) on 02.08.2009 awareness programme on “Breast Feeding “and “Healthy Baby contest” was conducted by Indian Academy of Pediatrics, Trichy. 200 NSS volunteers of Shrimati Indira Gandhi College, Trichy, attended the programme and were benefitted.

On 14.10.2010 - “World Sight DAY “- rally, by Joseph Eye Hospital, Trichy. 100 NSS volunteers of Shrimati Indira Gandhi College, Trichy, participated in the rally.

On 15.08.2011 - Rally, organized by the Trichy Travel Federation of Trichy “To Protect and take care of the Tourism spots and places” - flagged off by Mr. Kumar Member of Parliament Trichy. 150 NSS volunteers of Shrimati Indira Gandhi College, Trichy, participated in the rally.

On 22.08.2011 - Rally, organized by the Trichy Premier Arima Society, NSS, and NCC for “Road Safety” flagged off by Mr. Masanamuthu, Commissioner of Police, Trichy. 150 NSS volunteers of Shrimati Indira Gandhi College, Trichy, participated in the rally.

On 29.06.2013 - Rally and a Lecture Programme was conducted by the Food Protection and Medical Administration Department and The National Service Scheme, Shrimati Indira Gandhi College, Trichy on “Food Protection and Quality Assurance Act”. 300 NSS volunteers of Shrimati Indira Gandhi College, Trichy, participated in the rally.
Rally for Creating Awareness among the Public

Breast Feeding – 02.08.2009

Eye Donation – 14.10.2010

Tourism – 15.08.2011

Road safety – 22.08.2011

Food Protection and Quality Assurance – 29.06.2013